





Insulinización

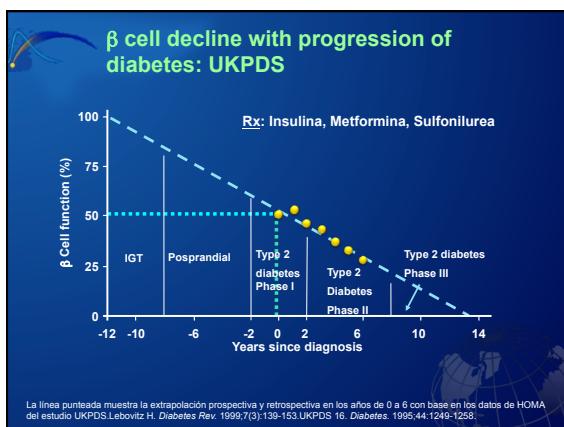
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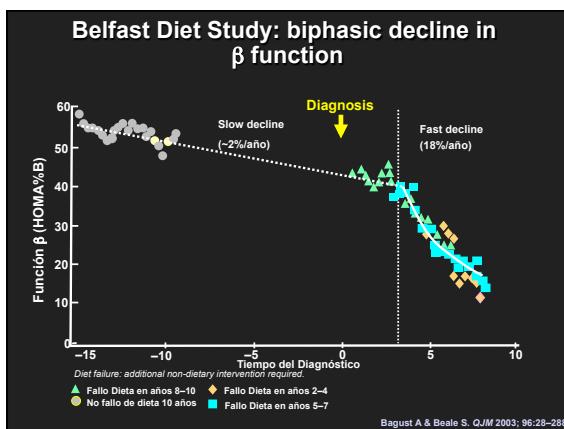
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Agenda

- Insulización en el ambiente intrahospitalario: cuál es la mejor estrategia?
- Metas de tratamiento del paciente intrahospitalario
- Insulinización del paciente ambulatorio

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CÓMO DEBE MANEJARSE INTRAHOSPITALARIAMENTE?

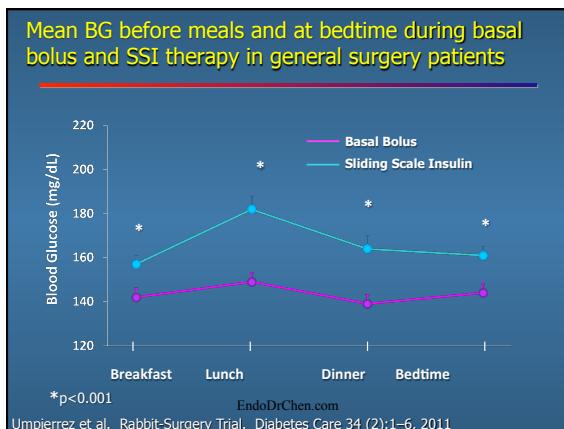
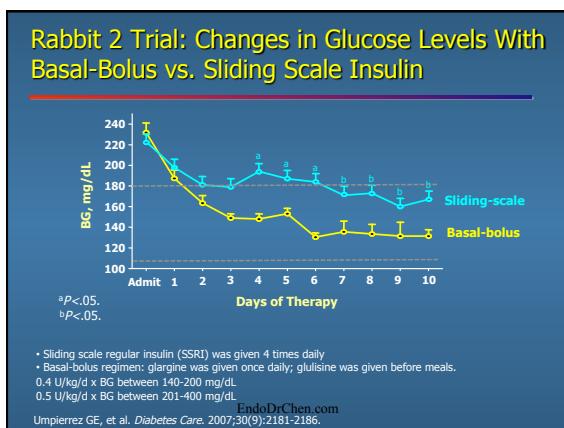
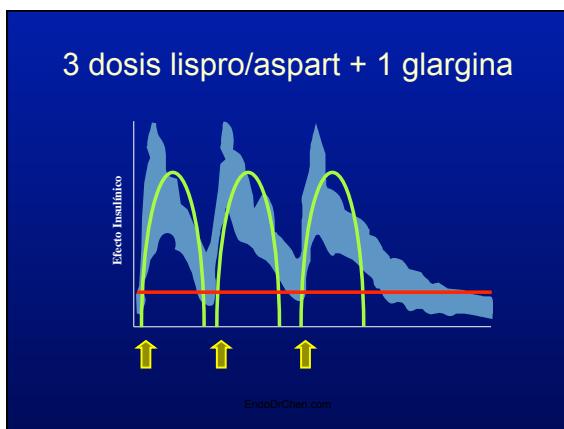
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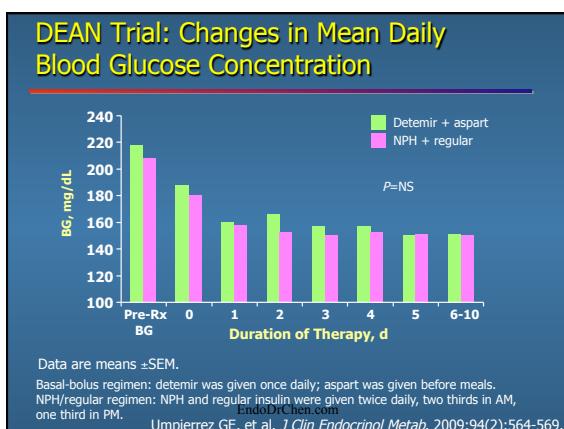
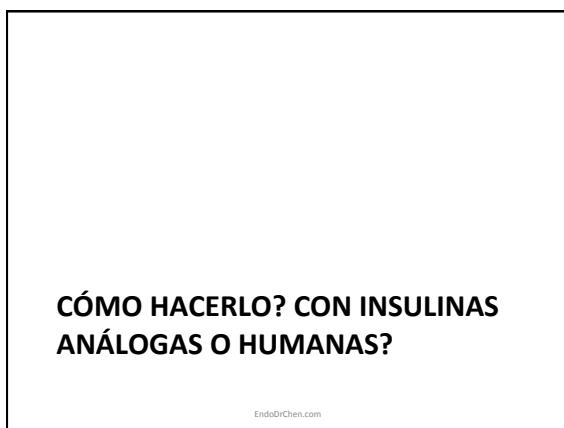
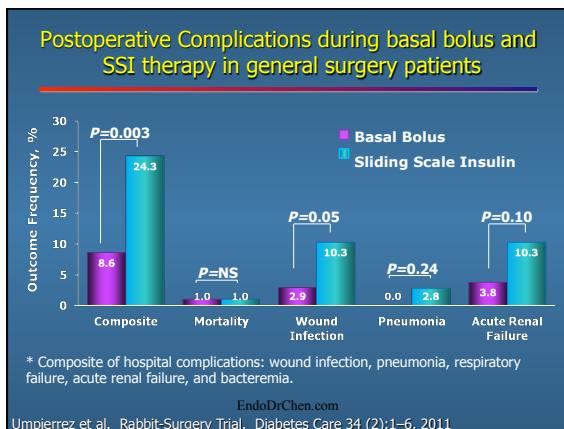
Diferencias en esquemas

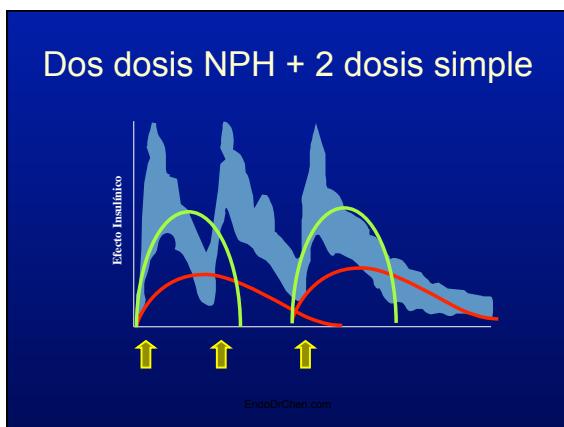
Basal bolus

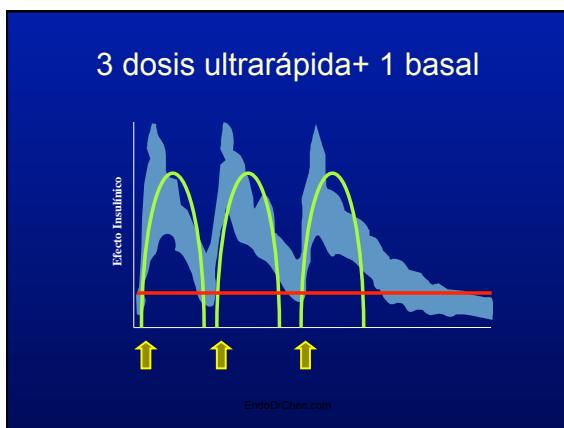
- Dar una dosis de insulina basal para suprir las necesidades básicas
 - Dar dosis de insulinas rápidas para manejar las excusiones postprandiales
 - Si el paciente no come, no se le aplica la insulina rápida
- Escalas de insulina
- Espera a que haya hiperglicemia para aplicar dosis de insulina simple
 - Es independiente de las comidas
 - Puede acumular dosis y aumentar riesgo posterior de hipoglucemias
 - Mayor excursión de hiperglicemias

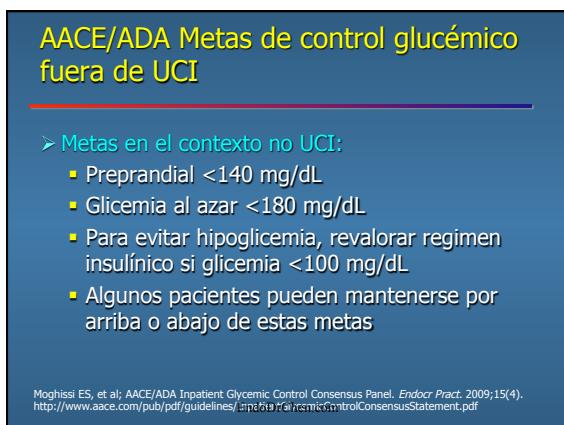
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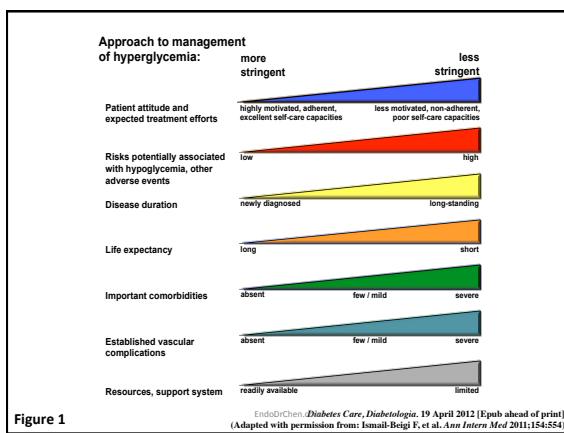








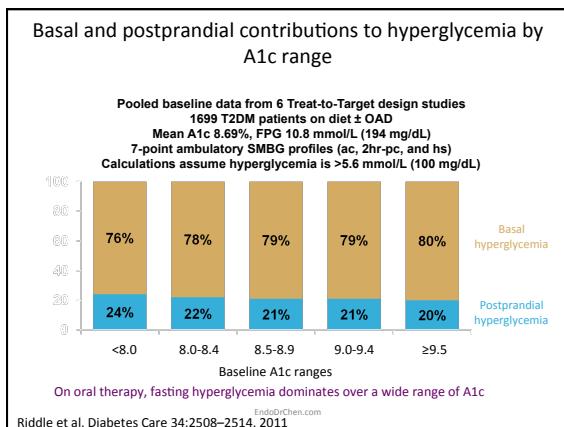
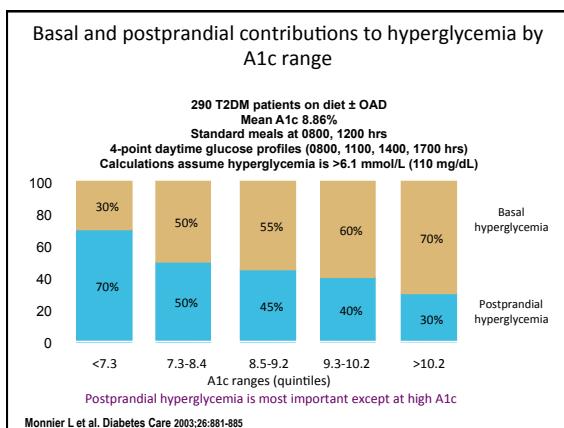
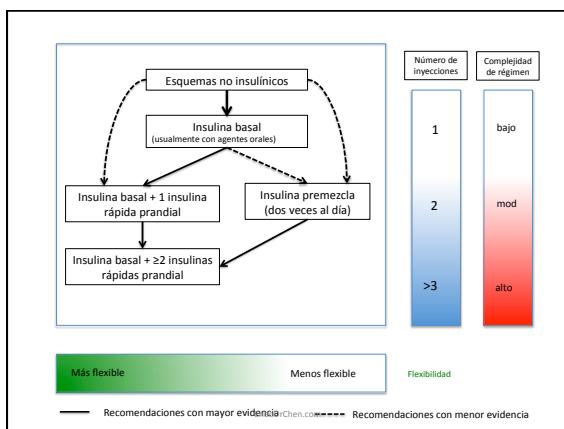


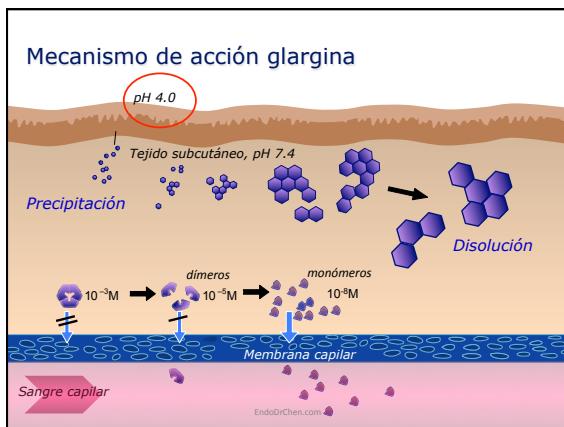
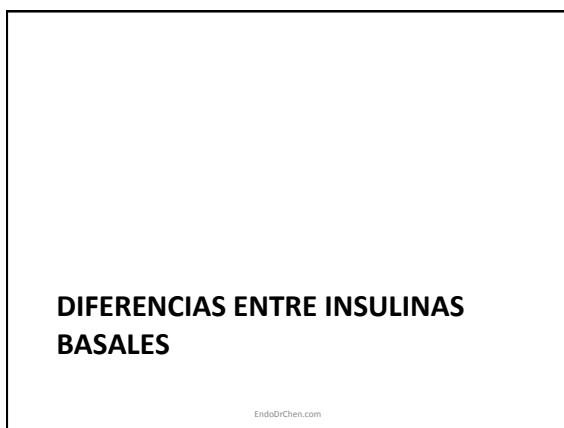
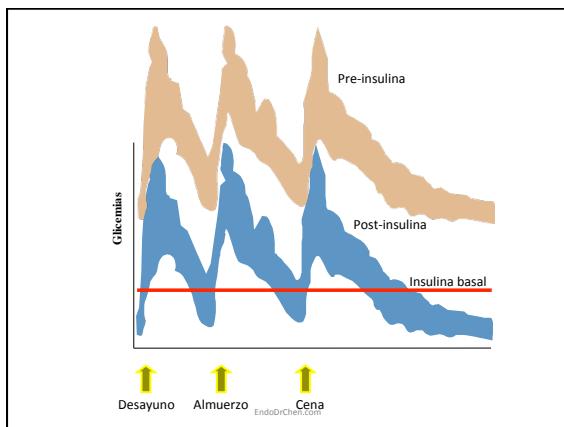


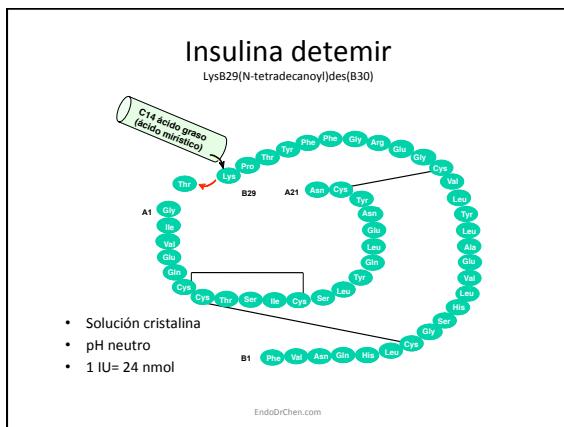
Metas de tratamiento

Meta	Glicemia ayunas	Glicemias postprandiales
<6.5%	70-110 mg/dl	<140 mg/dl
<7%	80-140 mg/dl	<180 mg/dl

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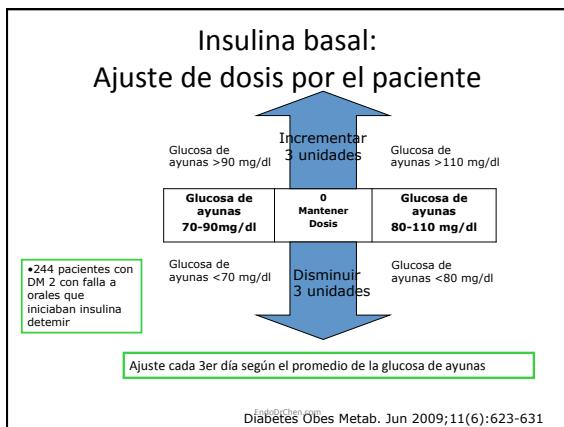






INICIO Y TITULACIÓN DE DOSIS

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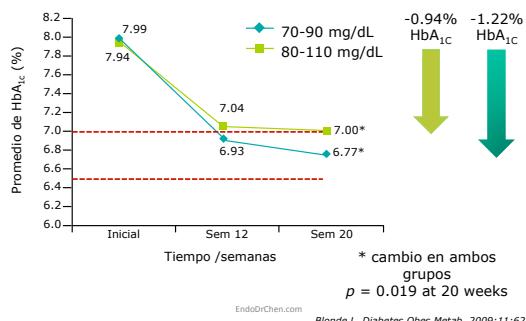


Metas de tratamiento

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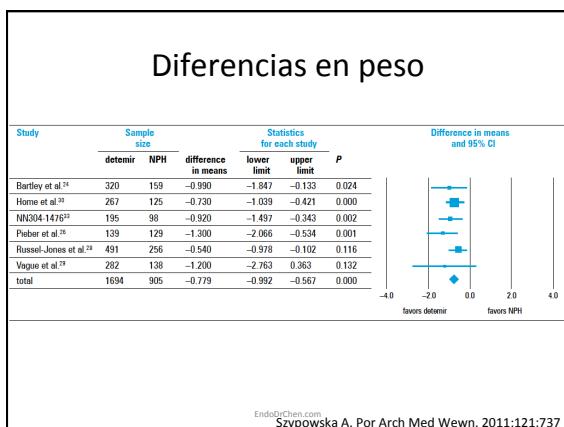
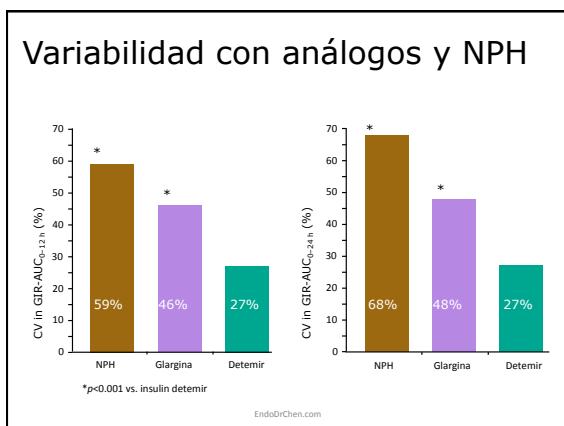
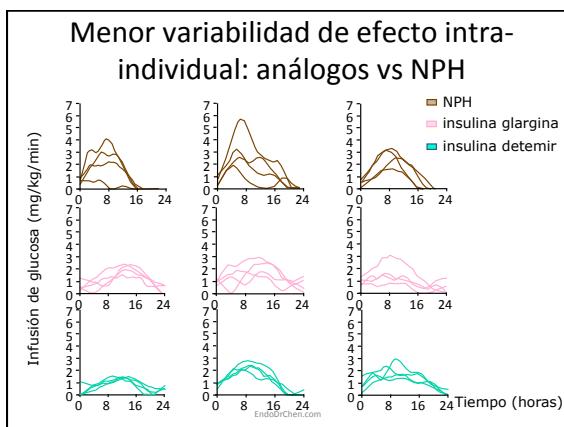
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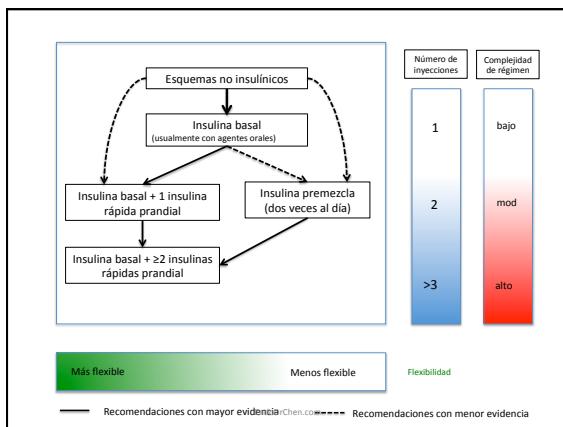
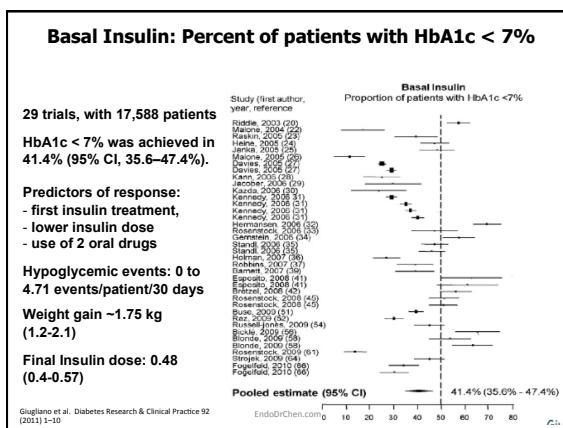
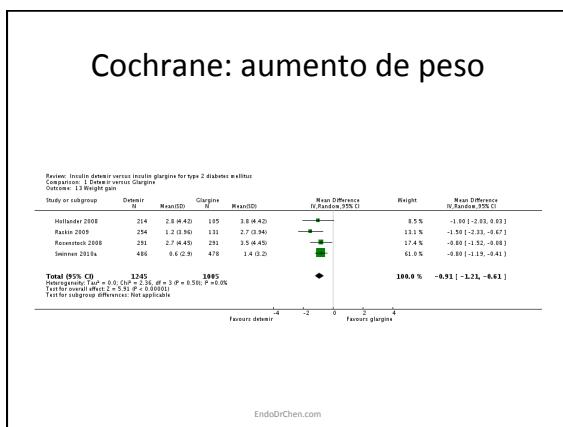
Ajuste de dosis por el paciente mejoría en HbA_{1c}: estudio Titrate

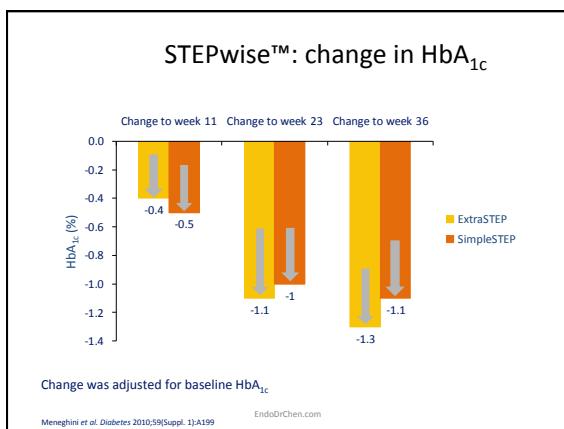
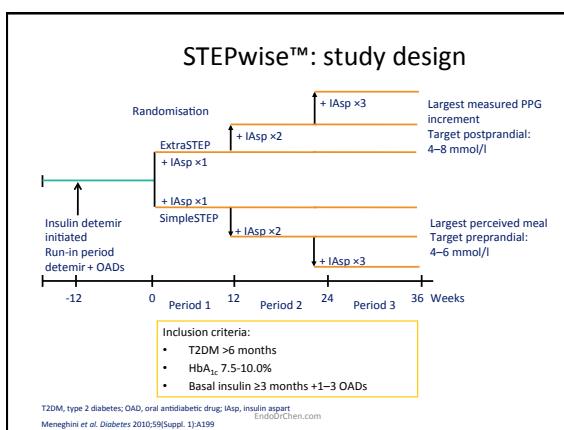
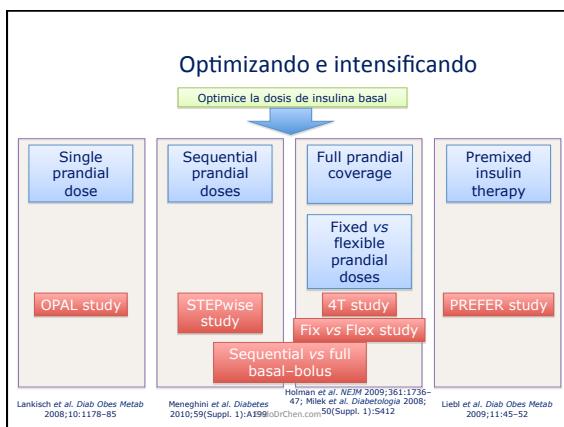


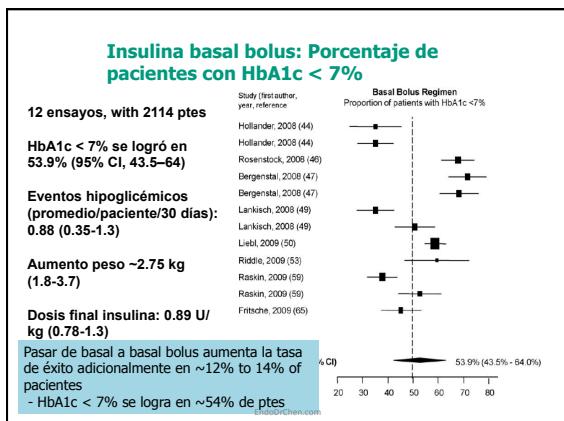
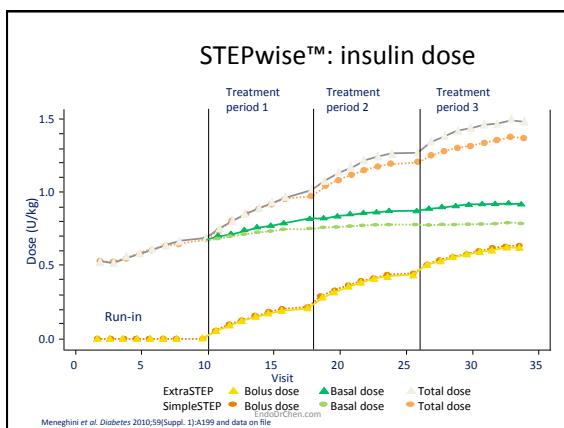
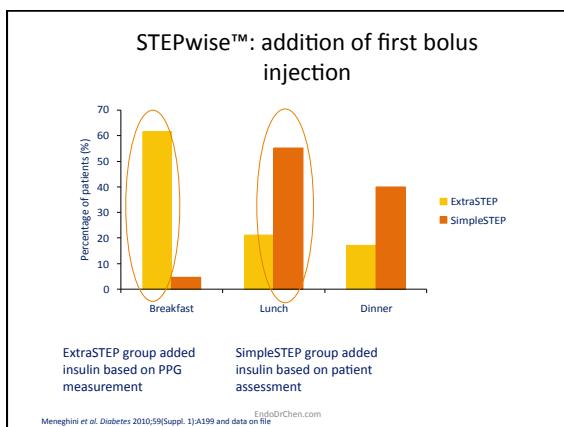
DIFERENCIAS ENTRE INSULINAS: VARIABILIDAD

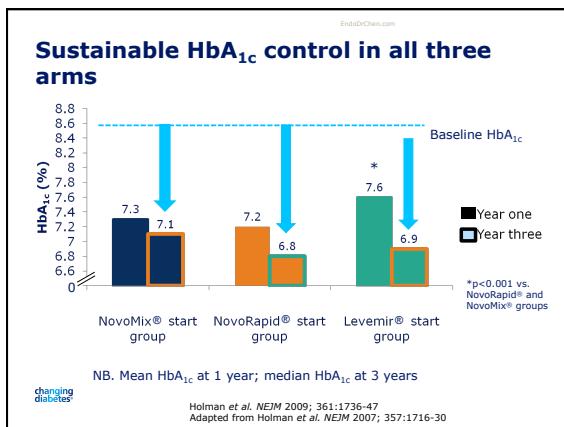
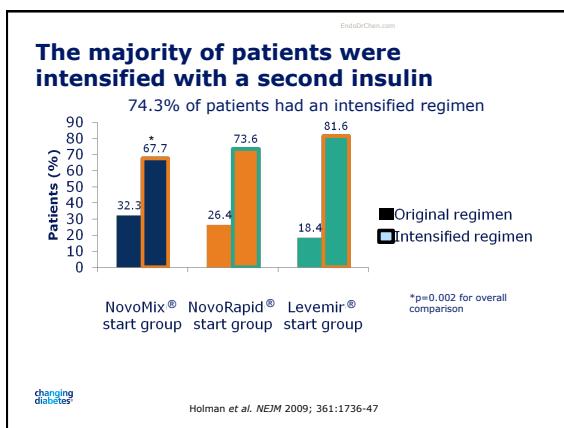
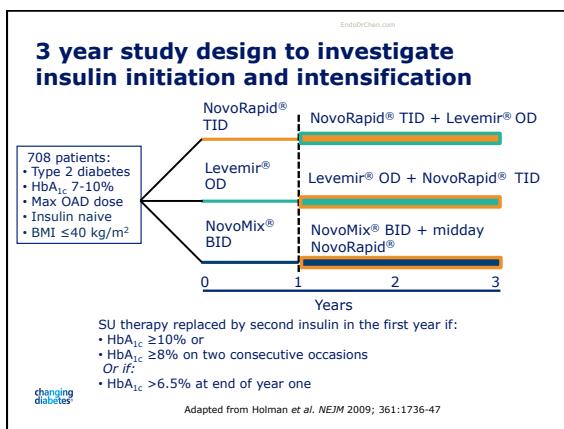
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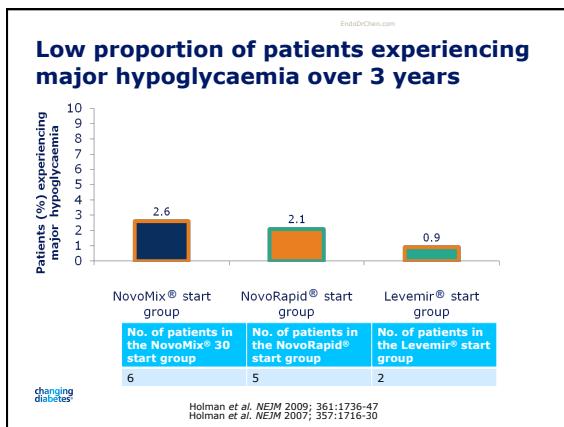
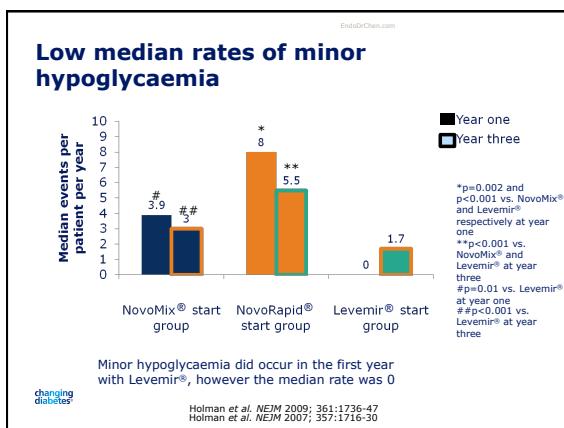
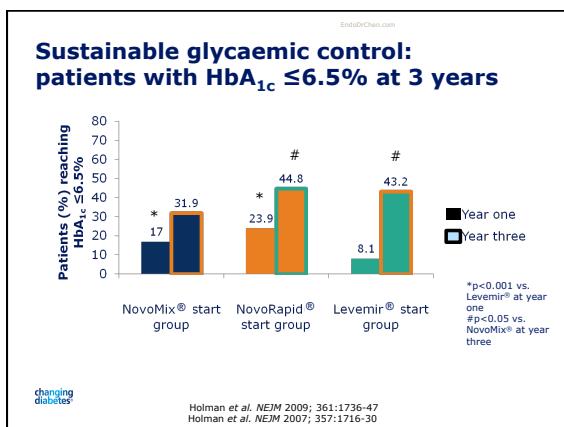


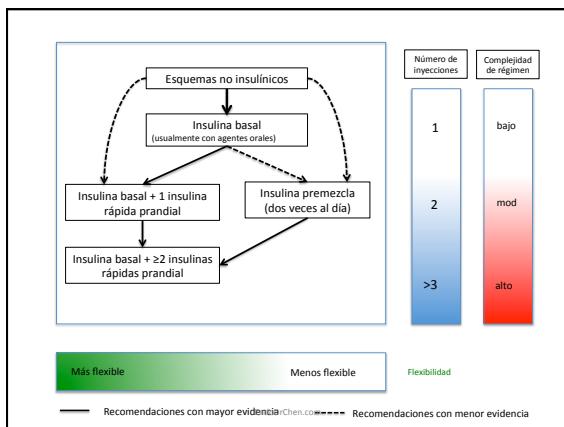
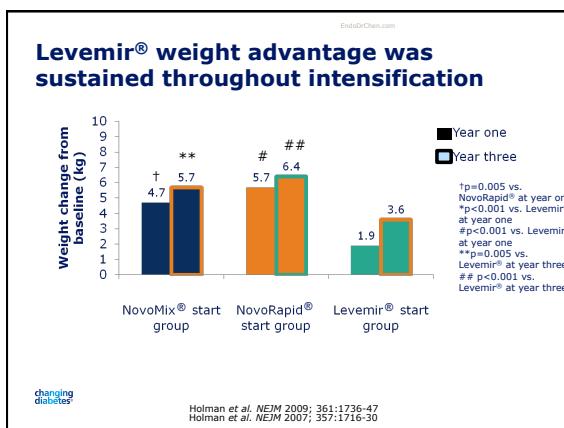
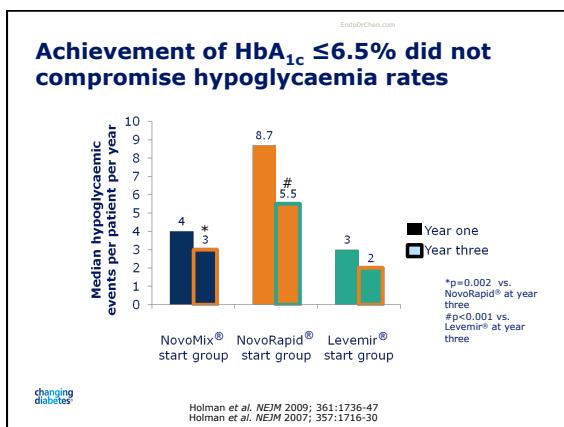












Conclusiones

- La evolución natural de DM-2 lleva a insulinopenia por lo que se hace necesario insulinar en la mayoría de pacientes
- Metas diferenciadas según paciente y si es intrahospitalario o ambulatorio
- El mejor esquema es iniciar con un basal e ir progresando en basal bolus

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Preguntas...

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