



## Perspectivas para el futuro del paciente con DM: implicaciones de los CVOT en la práctica

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### Conflictos de interés

- Conferencista: Astra Zeneca, Abbott Nutrición, Novartis Oncology, Novo Nordisk, Merck Sharp & Dohme, Roche, Glaxo SmithKline, Sanofi Aventis, Bayer, Pfizer, Novartis
- Advisory Board: Novartis Oncology, Sanofi Aventis, Astra Zeneca, Novo Nordisk, Stendhal, Pfizer
- Investigación clínica: Astra Zeneca, Novartis Pharma Logistics Inc., Merck Sharp & Dohme, Glaxo SmithKline, Organon, Boehringer Ingelheim, Roche, Novo Nordisk

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### Agenda

- Resultados de los últimos CVOT
- DECLARE y sus subestudios
- Qué impacto ha tenido estos estudios en las últimas guías
- Interpretación personal de los resultados
- Actualización en seguridad

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## DECLARE

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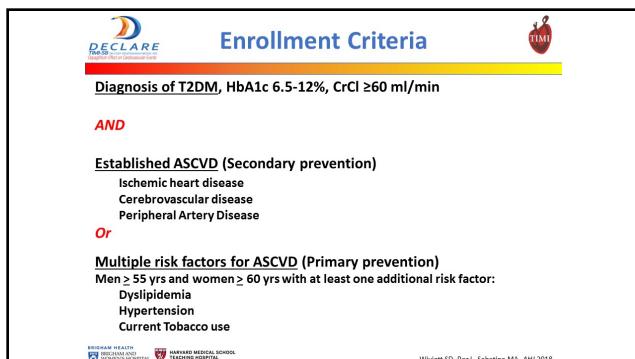
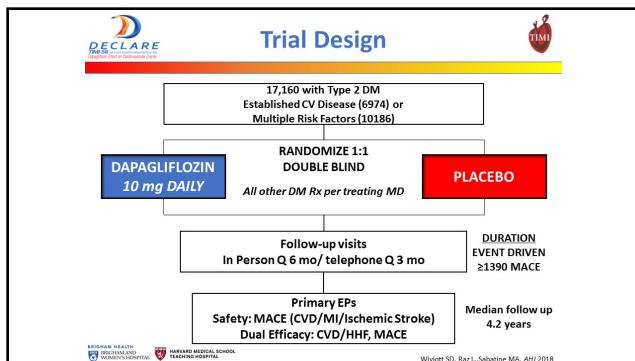
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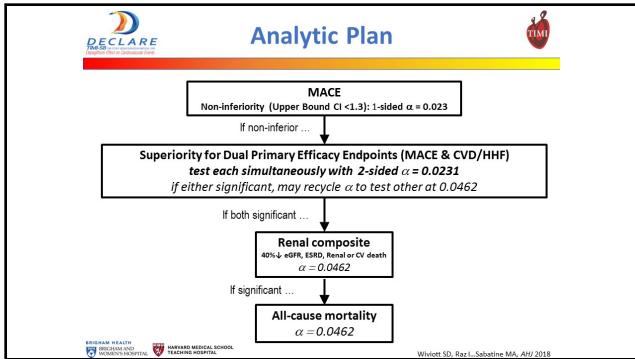
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**Baseline Characteristics**

	Full Trial Cohort N = 17160
Age, yrs, Mean (SD)	64 (7)
Female Sex (%)	37
BMI, Mean (SD)	32 (6)
Duration of T2DM, yrs, Median (IQR)	11 (6, 16)
HbA1c (%), Mean (SD)	8.3 (1.2)
eGFR (CKD-EPI), Mean (SD)	85 (16)
Region (%): North America	32
Europe	44
Latin America	11
Asia Pacific	13
Established CV Disease (%)	41
History of Heart Failure (%)	10

P=NS for all between treatment arm comparisons

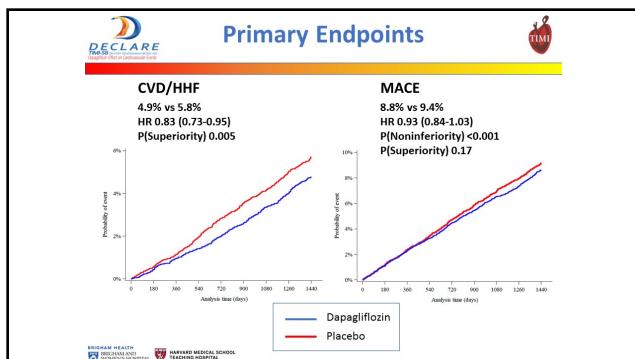
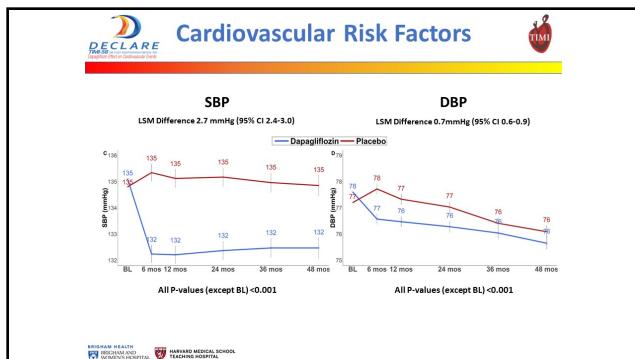
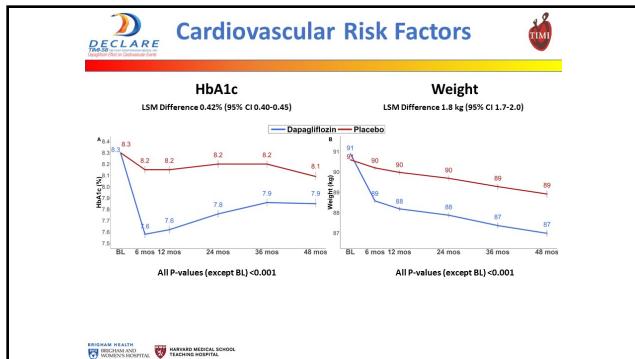
BRIGHAM HEALTH  
HARVARD MEDICAL SCHOOL  
TEACHING HOSPITAL

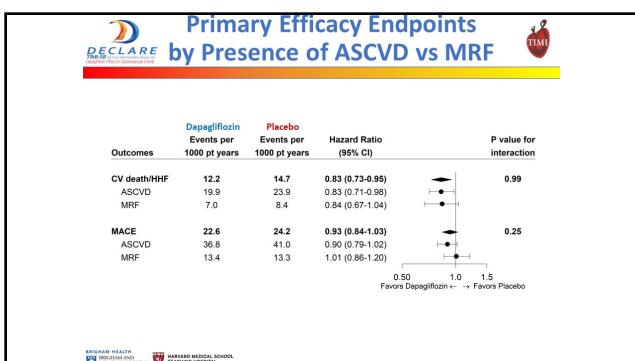
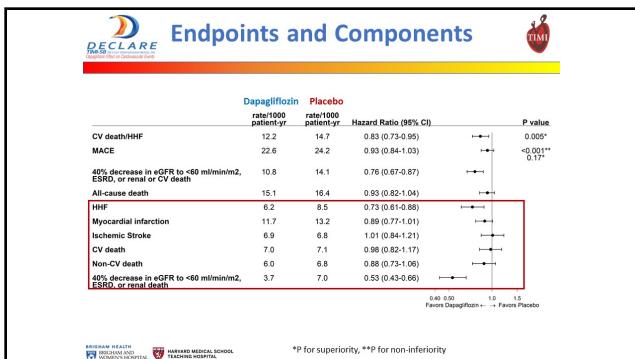
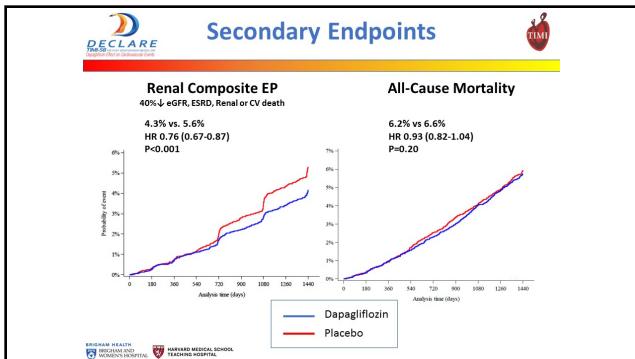
**Baseline Characteristics:  
Medication Use**

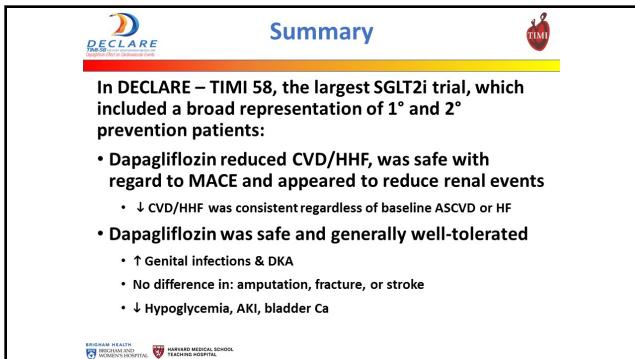
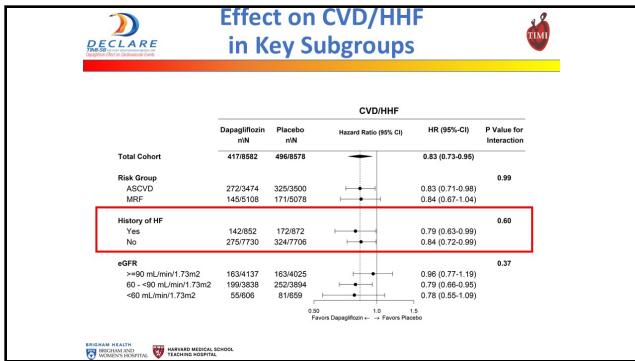
	Full Trial Cohort N = 17160
Glucose lowering therapies (%)	
Metformin	82
Insulin	41
Sulfonylurea	43
DPP4i	17
GLP-1RA	4
Cardiovascular therapies (%)	
Antiplatelet	61
ACEI/ARB	81
Beta-blocker	53
Statins or Ezetimibe	75

P=NS for all between treatment arm comparisons

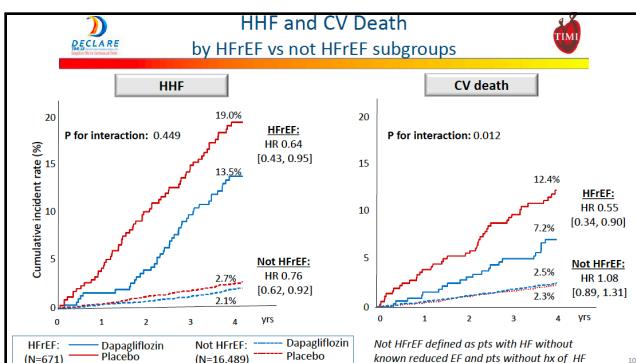
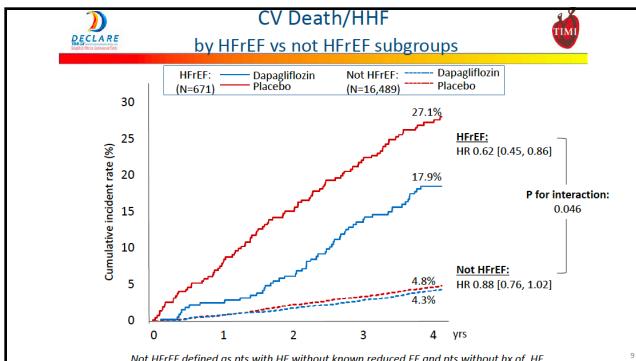
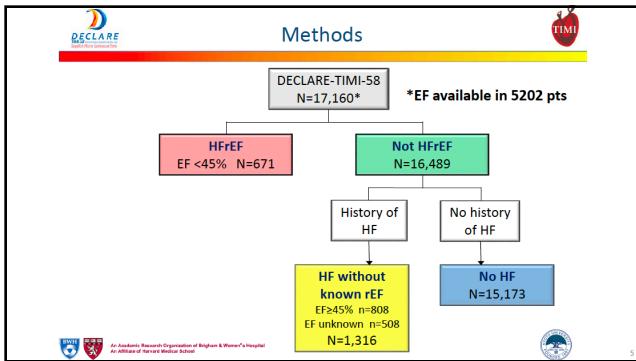
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HARVARD MEDICAL SCHOOL  
TEACHING HOSPITAL

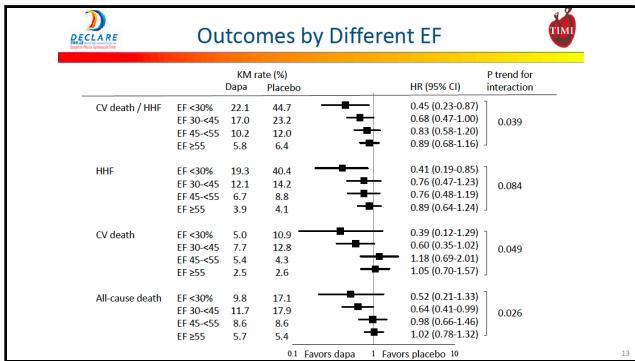




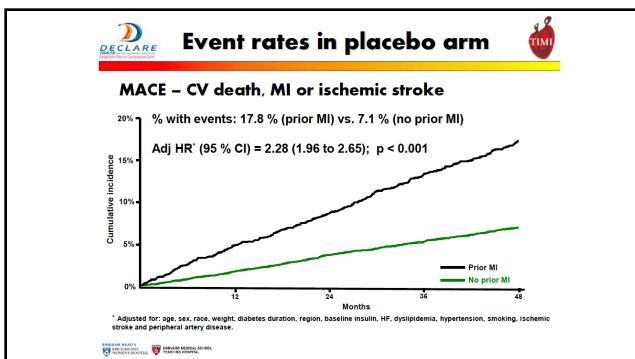


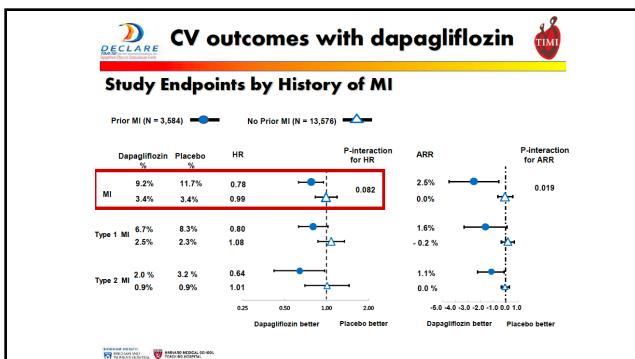
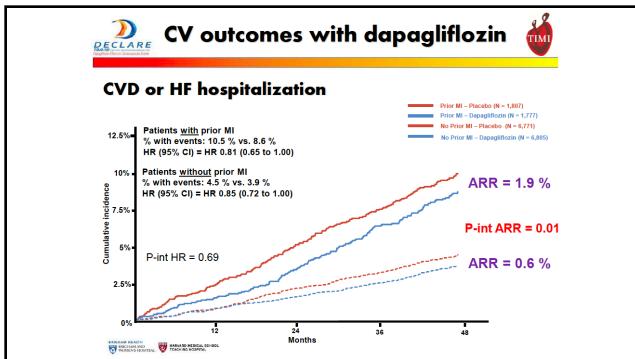
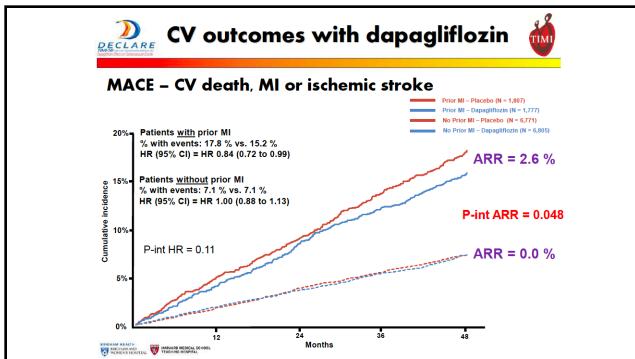
Subgrupos por falla cardíaca

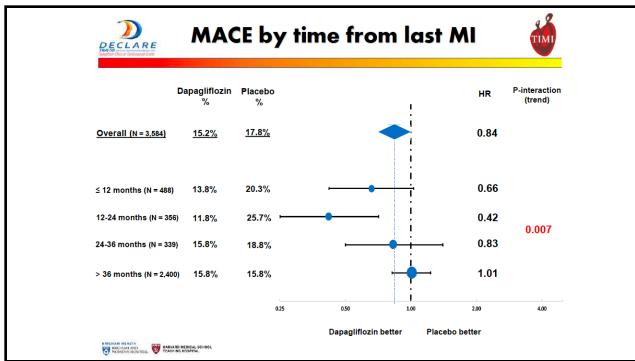




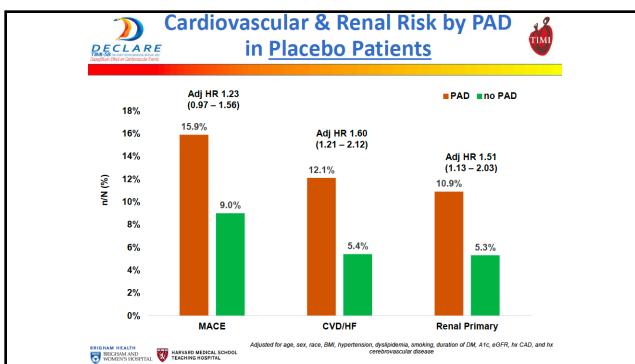
Subestudio con IAM previo

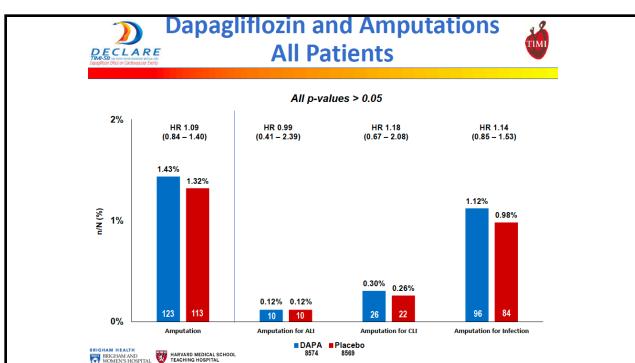
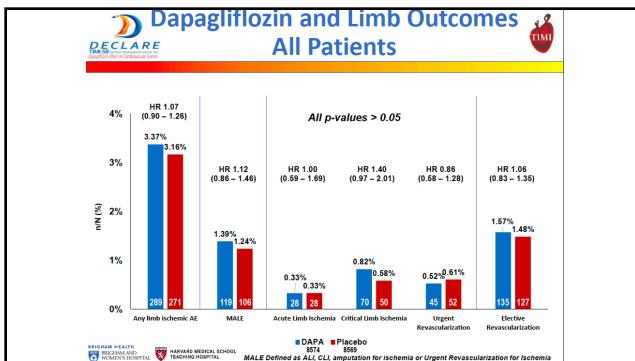
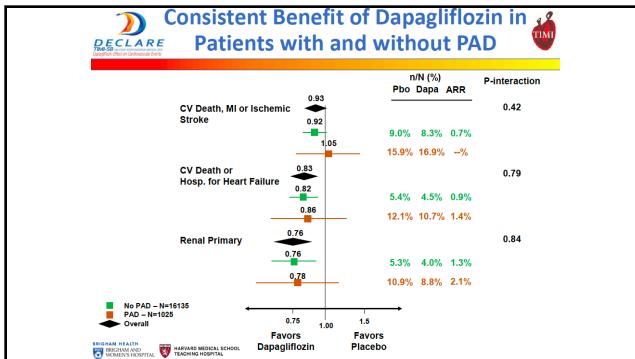


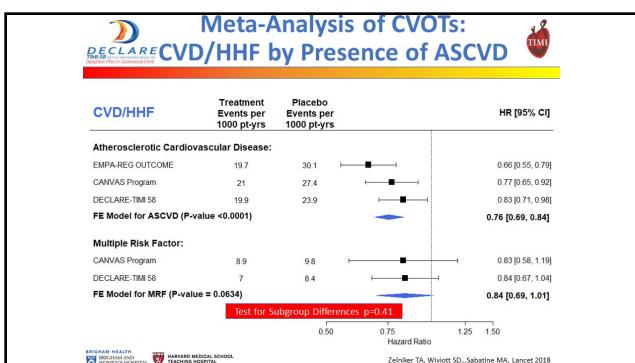
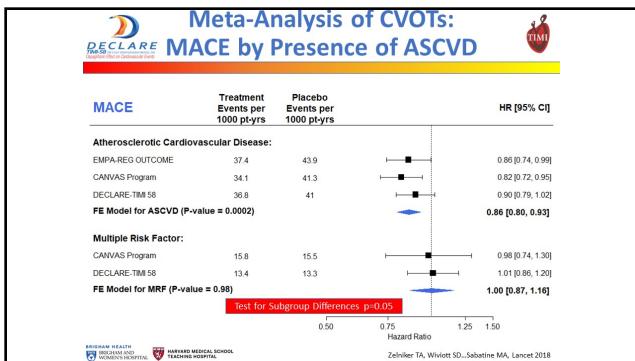
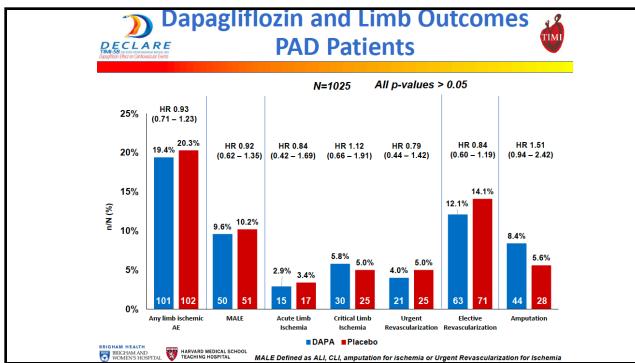




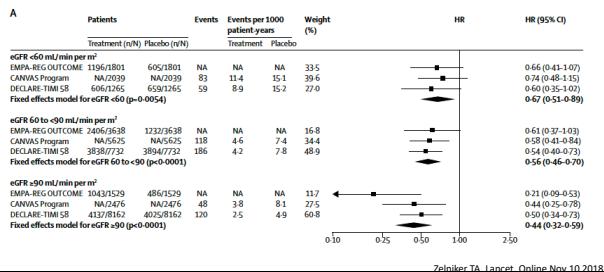
Subestudio con enfermedad arterial periférica



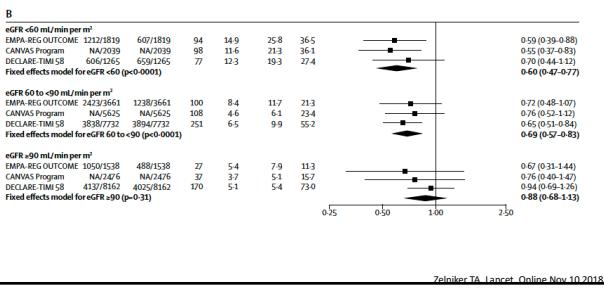




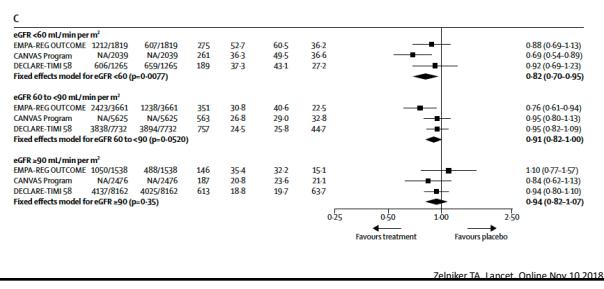
## Desenlace renal compuesto



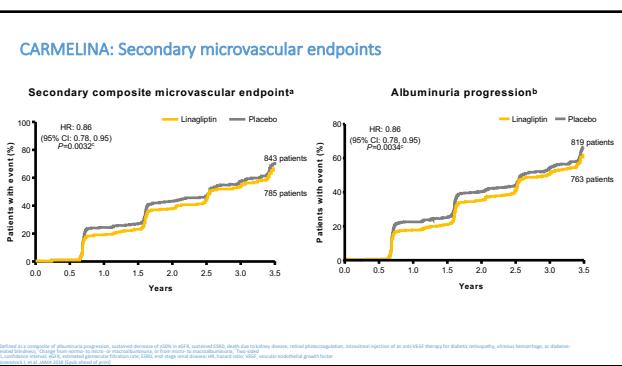
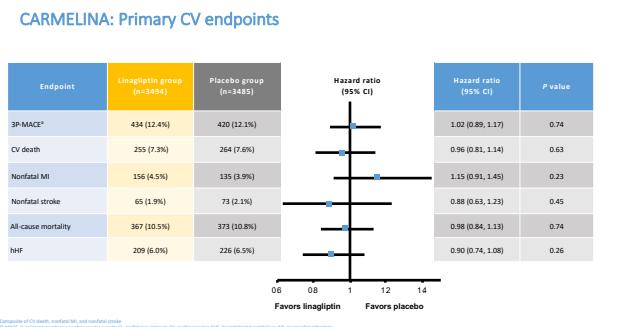
## Hospitalización por falla cardíaca

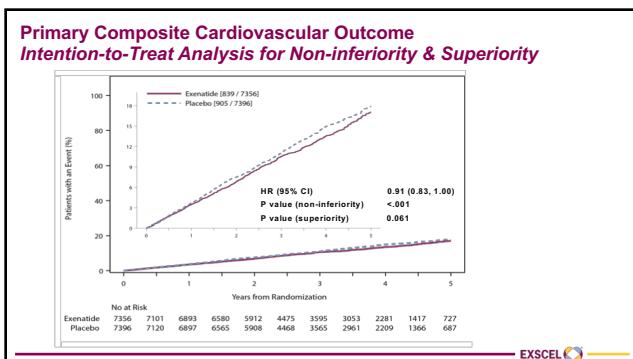
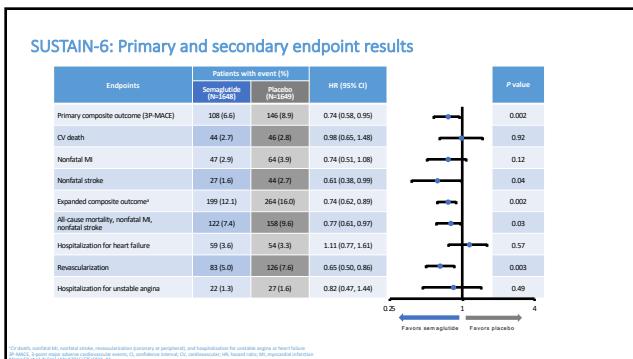
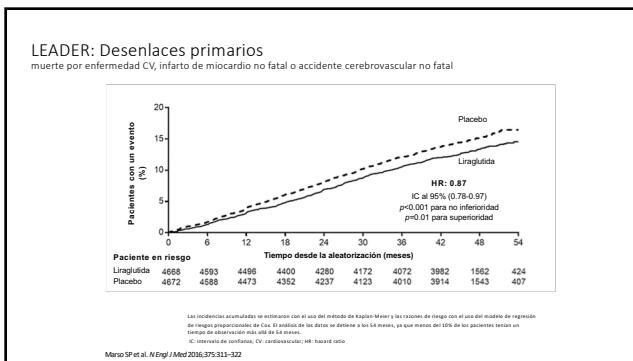


## MACE

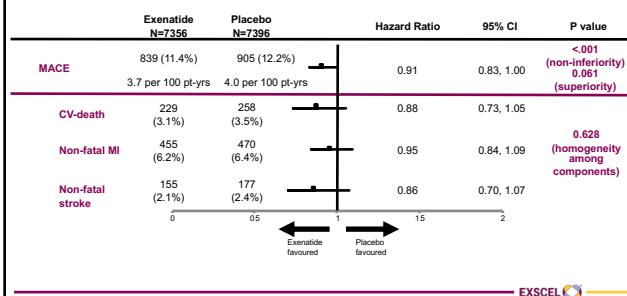


Cómo se compara con los otros estudios?

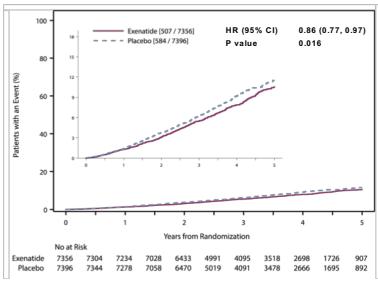




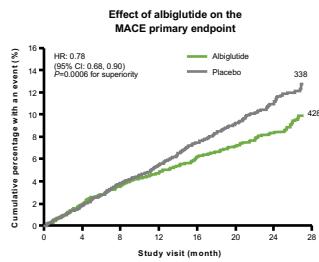
### Primary Composite Cardiovascular Outcome Intention-to-Treat Analysis

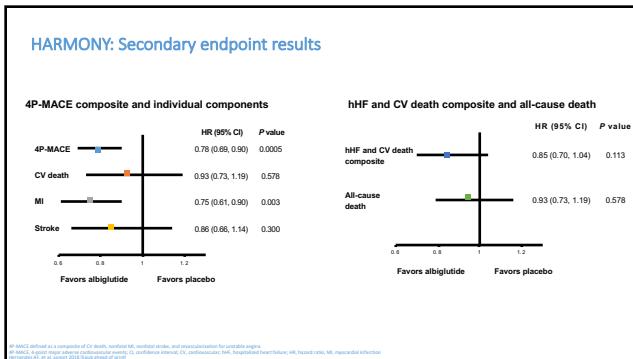


### All-Cause Mortality Intention-to-Treat Analysis



### HARMONY: Primary endpoint results

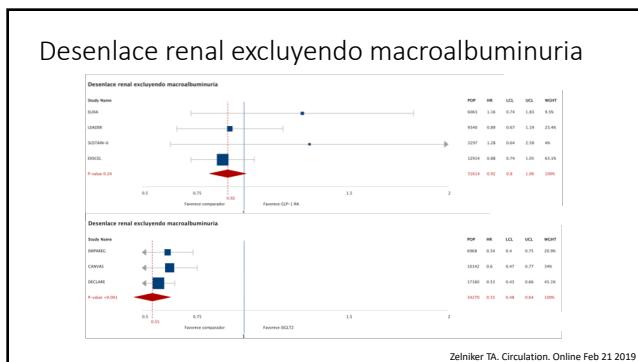
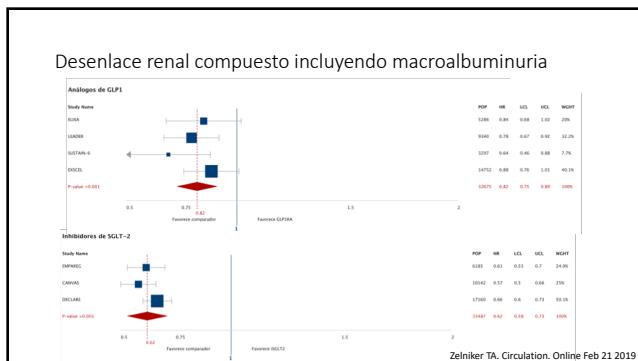




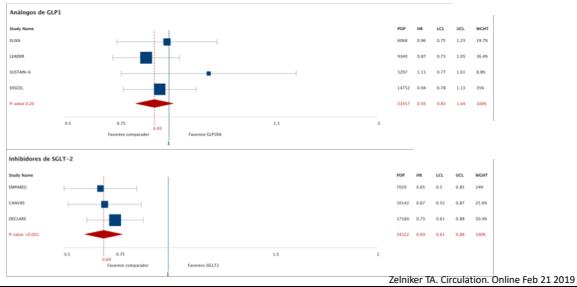
Estudio	MACE	IAM no fatal	ictus no fatal	Mortalidad CV	Mortalidad total	Hospitalización por falla cardíaca
Inhibidores de SGLT2						
EMPAREG (empagliflozina)	0.86 (0.74-0.99)	0.87 (0.70-1.09)	1.24 (0.92-1.67)	0.62 (0.49-0.77)	0.68 (0.57-0.82)	0.65 (0.5-0.85)
CANVAS (canagliflozina)	0.86 (0.75-0.97)	0.85 (0.69-1.05)	0.90 (0.71-1.15)	0.87 (0.72-1.06)	0.87 (0.74-1.01)	0.67 (0.52-0.87)
DECLARE (dapagliflozina)	0.93 (0.84-1.03)	0.89 (0.77-1.01)	1.01 (0.84-1.21)	0.98 (0.82-1.17)	0.93 (0.82-1.04)	0.73 (0.61-0.88)
Análogos de GLP1						
ELIXA (lixisenatide)	1.02 (0.89-1.17) &	1.03 (0.87-1.22)	1.12 (0.79-1.58)	0.98 (0.78-1.22)	0.94 (0.78-1.13)	0.96 (0.75-1.23)
LEADER (liraglutide)	0.87 (0.76-0.97)	0.88 (0.75-1.03)	0.89 (0.72-1.11)	0.78 (0.66-0.93)	0.85 (0.74-0.97)	0.87 (0.73-1.05)
SUSTAIN (semaglutide)	0.74 (0.58-0.95)	0.74 (0.51-1.08)	0.61 (0.38-0.99)	0.98 (0.65-1.48)	1.05 (0.74-1.50)	1.11 (0.77-1.61)
EXSCEL (exenatide)	0.91 (0.83-1.00)	0.95 (0.84-1.09)	0.86 (0.70-1.07)	0.88 (0.73-1.05)	0.86 (0.77-0.97)	0.94 (0.78-1.13)
HARMONY (albiglutide)	0.78 (0.68-0.90)	0.75 (0.61-0.90)	0.86 (0.66-1.14)	0.93 (0.73-1.19)	0.93 (0.73-1.19)	0.95 (0.79-1.16)

Estudio	MACE	IAM no fatal	ictus no fatal	Mortalidad CV	Mortalidad total	Hospitalización por falla cardíaca
Inhibidores de DPP4						
SAVOR (saxagliptina)	1.00 (0.89-1.12)	0.95 (0.80-1.12)	1.11 (0.88-1.39)	1.03 (0.87-1.22)	1.11 (0.96-1.27)	1.27 (1.07-1.51)
EXAMINE (alogliptina)	0.96 (<1.16)	1.08 (0.88-1.33)	0.91 (<1.14)	0.85 (0.66-1.10)	0.88 (0.71-1.09)	1.07 (0.79-1.46)
TECOS (sitagliptina)	0.99 (0.89-1.11)	0.95 (0.81-1.11)*	0.97 (0.79-1.19)*	1.03 (0.89-1.19)	1.01 (0.90-1.14)	1.00 (0.83-1.20)
CARMELINA (linagliptina)	1.02 (0.89-1.17)	1.15 (0.91-1.45)	0.88 (0.63-1.23)	0.96 (0.81-1.14)	0.98 (0.84-1.13)	0.90 (0.74-1.08)
Otros						
PROACTIVE (pioglitazone)	0.84 (0.72-0.98) <sup>§</sup>	0.83 (0.65-1.06)	0.81 (0.61-1.07)	NS	0.96 (0.78-1.18)	1.23 #
TOSCA-IT (sulfonilureas)	0.96 (0.74-1.26) <sup>i</sup>	0.87 (0.48-1.55)	0.79 (0.41-1.53)	NA	1.10 (0.75-1.61)	NS
ORIGIN (insulina glargine)	1.02 (0.94-1.11)	1.02 (0.88-1.19)*	1.03 (0.89-1.21)*	1.00 (0.89-1.13)	0.98 (0.90-1.08)	0.90 (0.77-1.05)
DEVOTE (insulina degludec) <sup>*</sup>	0.91 (0.78-1.06)	0.85 (0.68-1.06)	0.90 (0.65-1.23)	0.96 (0.76-1.21)	0.91 (0.76-1.11)	NA

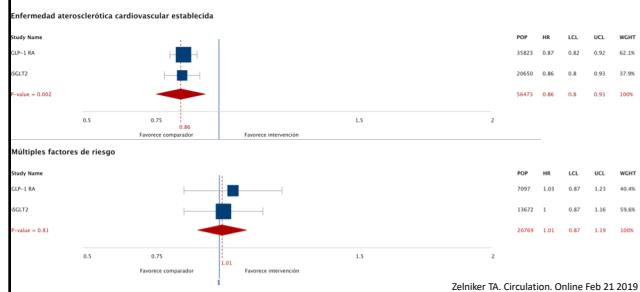
	Desenlace compuesto microvascular	Desenlace compuesto renal	Nueva aparición microalbuminuria	Dosificación creatinina	Terapia reemplazo renal	Muerte renal
Inhibidores de SGLT2						
EMPAREG (empagliflozina)	0.62 (0.54-0.70)	0.61 (0.53-0.70)	0.62 (0.54-0.72)	0.56 (0.39-0.79)	0.45 (0.21-0.97)	NA
CANVAS (canagliflozina)	0.86 (0.75-0.97)	0.60 (0.47-0.77)	0.80 (0.79-0.88)	0.50 (0.39-0.84)	0.77 (0.30-1.97)	NA
DECLARE (dapagliflozina)	NA (0.49-0.66)	0.53 (0.49-0.66)	NA	NA	NA	NA
Inhibidores de DPP4						
SAVOR (saxagliptina) <sup>11)</sup>	NA	1.08 (0.88-1.32)	NA	1.1 (0.89-1.36)	0.90 (0.41-1.32)	NA
EXAMINE (alogliptina)	NA	NA	NA	NA	NA	NA
TECOS (sitagliptina)	NA	NA	NA	NA	NA	NA
CARMELINA (linagliptina)	0.86 (0.78-0.95)	0.98 (0.82-1.18)	NA	NA	0.87 (0.49-1.10)	NS
Análogos de GLP1						
ELENA (liraglutide) <sup>12)</sup>	NA	NA	NA	1.18 (0.74-1.82)	NS	NS
LEADER (liraglutide)	0.54 (0.79-0.97)	0.75 (0.67-0.92)	0.74 (0.69-0.91)	0.58 (0.66-1.18)	0.57 (0.6-1.24)	1.25 (0.52-4.87)
SUSTAIN-6 (semaglutide)	NA	0.64 (0.46-0.88)	0.54 (0.37-0.77)	1.28 (0.64-2.58)	0.91 (0.40-2.07)	NA
HARMONY (albiglutide)	NA	NA	NA	NA	NA	NA



## Hospitalización por falla cardíaca

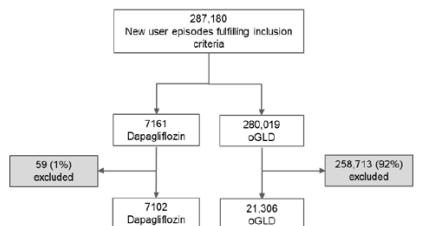


## MACE

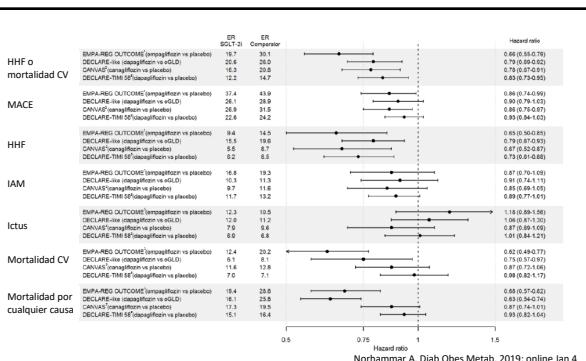


Estudios de la vida real

## Población sueca tipo DECLARE

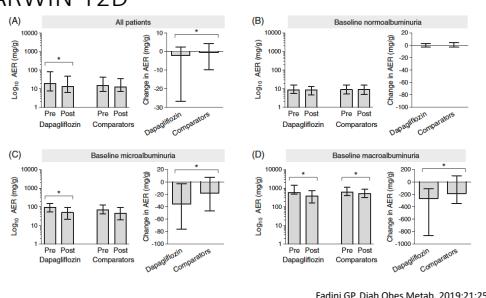


Norhammar A. Diab Obes Metab. 2019; online Jan 4



Norhammar A. Diab Obes Metab. 2019; online Jan 4

## DARWIN-T2D



Fardini GP. Diab Obes Metab. 2019;21:252

Que hay nuevo en eventos adversos?

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ITU

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EMPAREG: Adverse events consistent with urinary tract infection

	Placebo (n=2333)	Empagliflozin 10 mg (n=2345)		Empagliflozin 25 mg (n=2342)		
	n (%)	Rate	n (%)	Rate	n (%)	Rate
Events consistent with UTI	423 (18.1%)	8.21	426 (18.2%)	8.02	416 (17.8%)	7.75
Events leading to discontinuation	10 (0.4%)	0.17	22 (0.9%)	0.37	19 (0.8%)	0.31
By sex						
Male	158 (9.4%)	3.96	180 (10.9%)	4.49	170 (10.1%)	4.09
Female	265 (40.6%)	22.81	246 (35.5%)	18.83	246 (37.3%)	20.38

Rate = per100 patient-years

Patients treated with ≥1 dose of study drug  
Based on 79 MedDRA preferred terms

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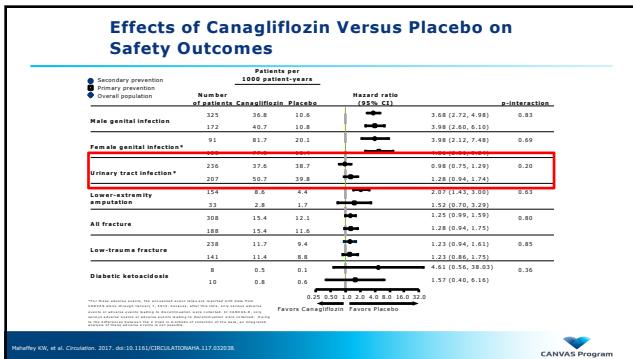
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**Key Safety Events**

	Dapagliflozin (%)	Placebo (%)	Between Group Comparison
Treatment emergent SAE	34.1	36.2	P<0.001
Treatment emergent AE leading to drug D/C	8.1	6.9	P=0.01
Major Hypoglycemia	0.7	1.0	P=0.02
Diabetic Ketoacidosis* (DKA)	0.3	0.1	P=0.02
Amputation	1.4	1.3	NS
Fracture	5.3	5.1	NS
Acute Kidney Injury	1.5	2.0	P=0.002
Symptoms of volume depletion	2.5	2.4	NS
Genital infection (SAE, DAE)	0.9	0.1	P<0.001
Urinary tract infection (SAE, DAE)	1.5	1.6	NS
Fournier's Gangrene	0.01	0.08	NS
Cancer of Bladder*	0.3	0.5	P=0.02

\*CEC Adjudicated

DECLARE TIMI Harvard Medical School Massachusetts General Hospital

Lesión renal aguda

**FDA Drug Safety Communication: FDA strengthens kidney warnings for diabetes medicines canagliflozin (Invokana, Invokamet) and dapagliflozin (Farxiga, Xigduo XR)**

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[ 06-14-2016 ]

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### Lesión renal aguda y FAERS

Reporting Odds Ratio of ARF with SGLT2-i and FDA Warning

Subgroup	SGLT2-i	Non-Sgt2-i	
Whole Observation Period	1224 / 18915	86512 / 3813100	1 - 4
Before FDA Warning	991 / 15405	76142 / 3368033	1 - 4
After FDA Warning	230 / 2277	9368 / 354420	1 - 4

Consideraciones:

- El denominador no es número de pacientes, es número de eventos adversos reportados!
- Los pacientes con iSGLT2 usaron más diuréticos

Perman A. Nutr Metab Cardiovasc Dis. 2017; doi: 10.1016/j.numecd.2017.10.011

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### Lesión renal aguda y FAERS

Reporting Odds Ratio of ARF with SGLT2-i by Agent

Subgroup	SGLT2-i	Non-Sgt2-i	
All Sgt2-i	1224 / 18915	86512 / 3813100	1 - 4
Empagliflozin	124 / 2652	86512 / 3813100	1 - 4
Dapagliflozin	177 / 3651	86512 / 3813100	1 - 4
Canagliflozin	928 / 12693	86512 / 3813100	1 - 4

Perman A. Nutr Metab Cardiovasc Dis. 2017; doi: 10.1016/j.numecd.2017.10.011

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## Network metanálisis

Eventos renales compuestos			Eventos de falla renal aguda		
Producto	Efecto	IC 95%	Producto	Efecto	IC 95%
Canagliflozina	1.29	0.78-2.15	Canagliflozina	0.67	0.26-1.73
Dapagliflozina	1.64	1.26-2.13	Dapagliflozina	0.75	0.33-1.74
Empagliflozina	0.38	0.28-0.51	Empagliflozina	0.72	0.60-0.86
Tratamiento aditivo	1.01	0.58-1.75	Tratamiento activo	1.42	0.52-3.89

Tang H. Diab Obes Metab. 2017;19:1106

## Other adverse events (1)

	Placebo (n=2333)		Empagliflozin 10 mg (n=2345)		Empagliflozin 25 mg (n=2342)	
	n (%)	Rate	n (%)	Rate	n (%)	Rate
Diabetic ketoacidosis*	1 (<0.1%)	0.02	3 (0.1%)	0.05	1 (<0.1%)	0.02
Acute kidney injury†	155 (6.6%)	2.77	121 (5.2%)	2.07	125 (5.3%)	2.12
Events consistent with volume depletion§	115 (4.9%)	2.04	115 (4.9%)	1.97	124 (5.3%)	2.11
Serious events	24 (1.0%)	0.42	19 (0.8%)	0.32	26 (1.1%)	0.43
Events leading to discontinuation	7 (0.3%)	0.12	1 <td>0.02</td> <td>4 (0.2%)</td> <td>0.07</td>	0.02	4 (0.2%)	0.07
Venous thrombotic events**	20 (0.9%)	0.35	9 (0.4%)	0.15	21 (0.9%)	0.35

Rate = per100 patient-years

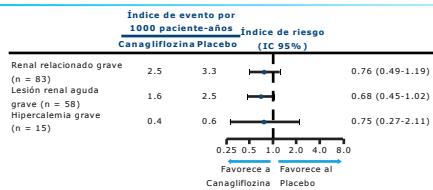
Patients treated with ≥1 dose of study drug

\*Based on 4 MeDoRA preferred terms. †Based on 1 nonstandard MeDoRA query.

‡Based on 8 MeDoRA preferred terms. §Based on 1 nonstandard MeDoRA query.



## Seguridad Renal



Mahaffey KW, et al. Circulation. 2017; doi:10.1161/CIRCULATIONAHA.117.020238

CANVAS Program

Key Safety Events			
	Dapagliflozin (%)	Placebo (%)	Between Group Comparison
Treatment emergent SAE	34.1	36.2	P<0.001
Treatment emergent AE leading to drug D/C	8.1	6.9	P=0.01
Major Hypoglycemia	0.7	1.0	P=0.02
Diabetic Ketoacidosis* (DKA)	0.3	0.1	P=0.02
Amputation	1.4	1.3	NS
Fracture	5.3	5.1	NS
Acute Kidney Injury	1.5	2.0	P=0.002
Symptoms of volume depletion	2.5	2.4	NS
Genital infection (SAE, DAE)	0.9	0.1	P<0.001
Urinary tract infection (SAE, DAE)	1.5	1.6	NS
Fournier's Gangrene	0.01	0.08	NS
Cancer of Bladder*	0.3	0.5	P=0.02

BRIGHAM HEALTH  
HARVARD MEDICAL SCHOOL  
HARVARD MEDICAL HOSPITAL  
TEACHING HOSPITAL

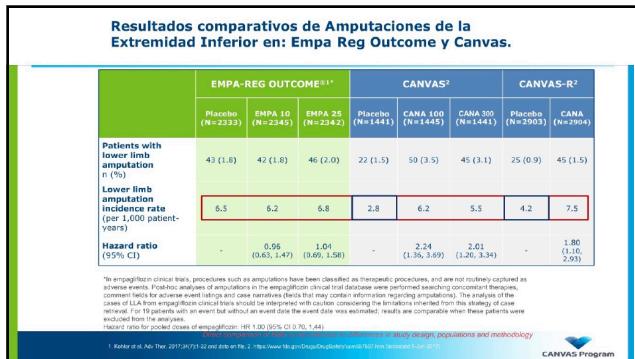
\*CEC Adjudicated

Otros eventos adversos

Key Safety Events			
	Dapagliflozin (%)	Placebo (%)	Between Group Comparison
Treatment emergent SAE	34.1	36.2	P<0.001
Treatment emergent AE leading to drug D/C	8.1	6.9	P=0.01
Major Hypoglycemia	0.7	1.0	P=0.02
Diabetic Ketoacidosis* (DKA)	0.3	0.1	P=0.02
Amputation	1.4	1.3	NS
Fracture	5.3	5.1	NS
Acute Kidney Injury	1.5	2.0	P=0.002
Symptoms of volume depletion	2.5	2.4	NS
Genital infection (SAE, DAE)	0.9	0.1	P<0.001
Urinary tract infection (SAE, DAE)	1.5	1.6	NS
Fournier's Gangrene	0.01	0.08	NS
Cancer of Bladder*	0.3	0.5	P=0.02

BRIGHAM HEALTH  
HARVARD MEDICAL SCHOOL  
HARVARD MEDICAL HOSPITAL  
TEACHING HOSPITAL

\*CEC Adjudicated

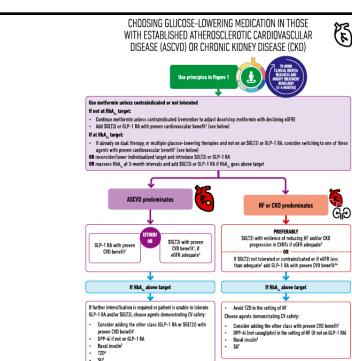
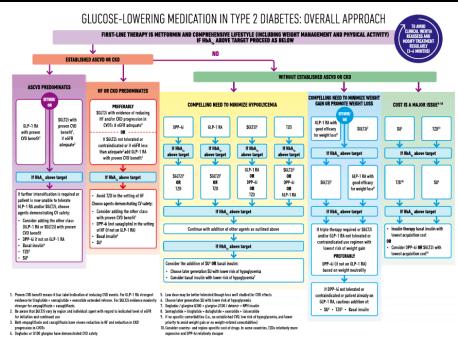


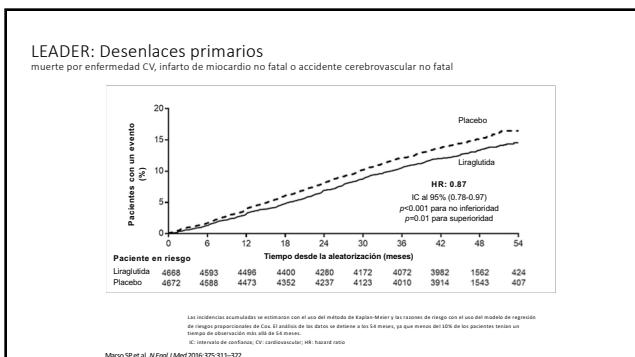
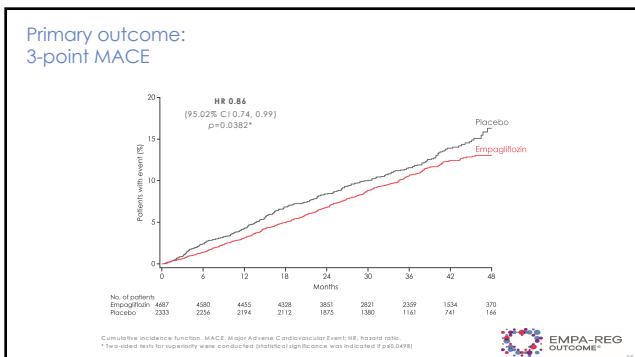
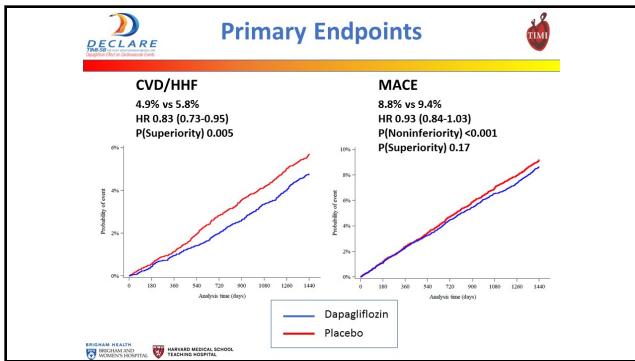
Cómo implementamos esto?

#### Reflexiones sobre puntos relevantes

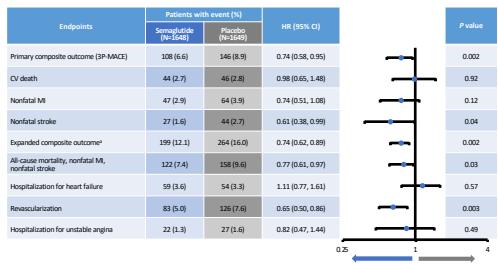
- Parece que los iSGT-2 reducen MACE en el contexto de prevención secundaria
- La reducción de hospitalización por falla cardíaca se produce independientemente de la historia previa de falla cardíaca
- Nefroprotección!

## Analizando las guías...





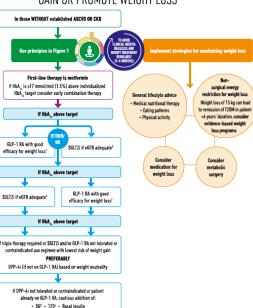
### SUSTAIN-6: Primary and secondary endpoint results



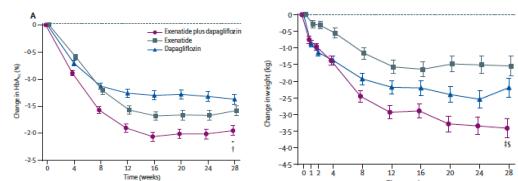
\*CV death, nonfatal MI, nonfatal stroke, revascularization (coronary or peripheral), and hospitalization for unstable angina or heart failure.

CV, cardiovascular; MI, myocardial infarction; 3P-MACE, 3-point major adverse cardiovascular event; HR, hazard ratio; CI, confidence interval.

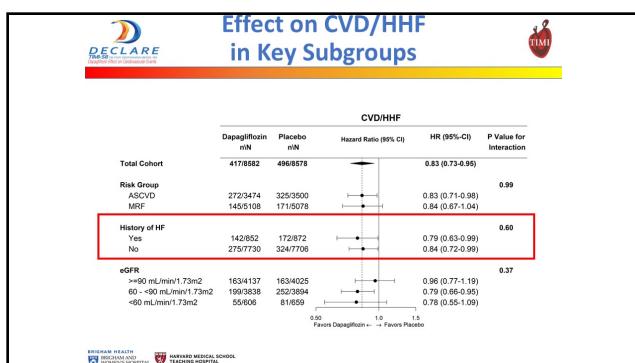
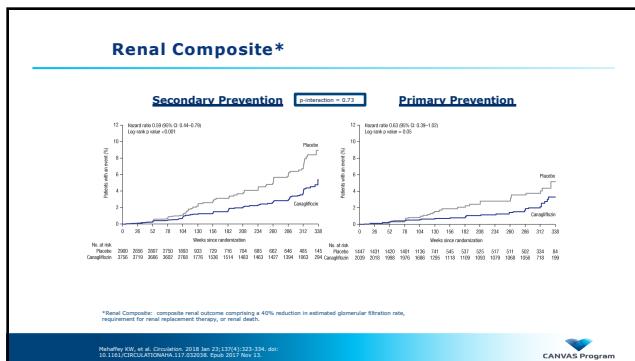
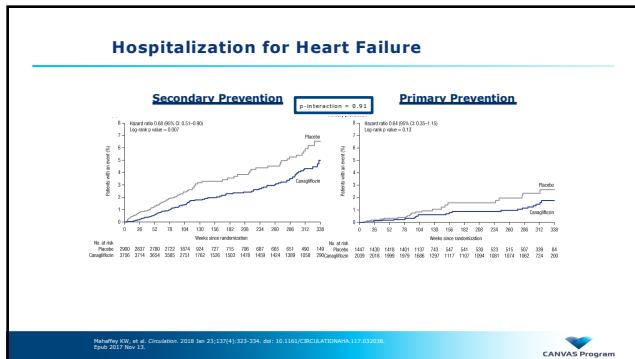
### CHOOSING GLUCOSE-LOWERING MEDICATION IF COMPELLING NEED TO MINIMIZE WEIGHT GAIN OR PROMOTE WEIGHT LOSS

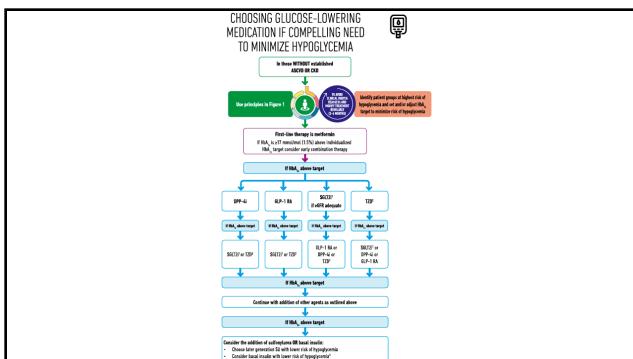
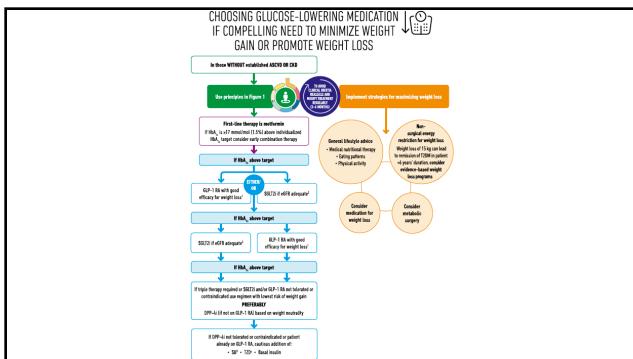
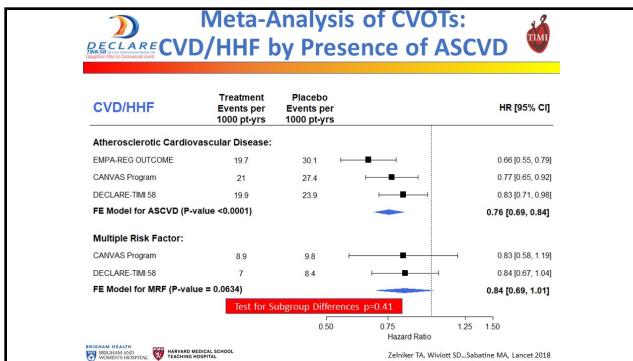


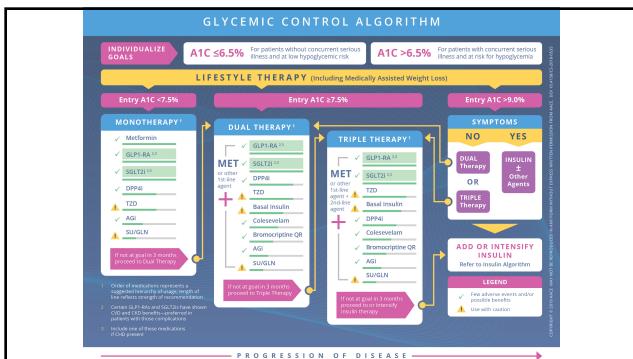
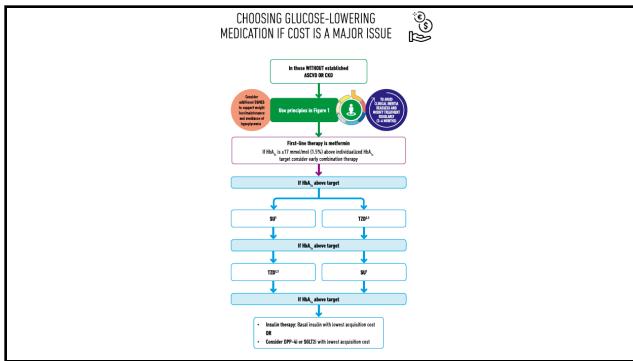
### DURATION-8: dapagliflozina vs exenatide semanal



Frias JP. Lancet Diab Endocrinol. 2016; Online Sep 16







### Cuál agente para quién?

	ISGLT2	GLP1RA (basado en estructura GLP1)	iDPP4
Enfermedad aterosclerótica			
Insuficiencia cardíaca			
Nefropatía diabética			
Peso			
Propenso a cetosis	RED		
Fragilidad/fractura previa/caídas			
Amputación previa	RED		
Insuficiencia renal crónica (estadio 4-5)	RED	RED	
Infección genital a repetición	RED		




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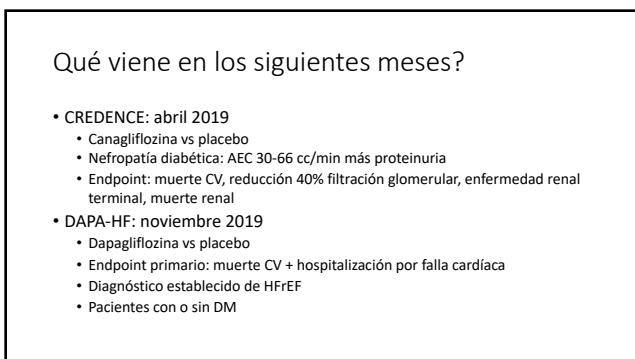
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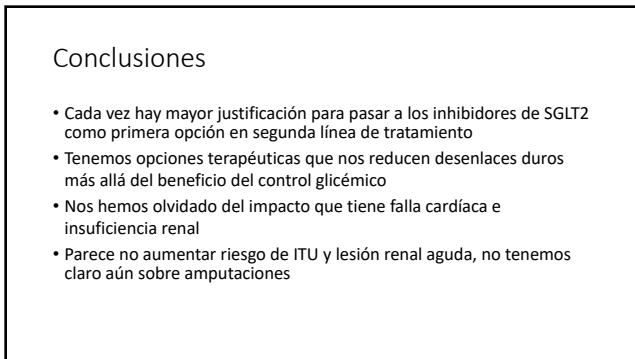
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## Preguntas...

[chenku2409@gmail.com](mailto:chenku2409@gmail.com)

Puede descargar la  
presentación en:



[www.EndoDrChen.com](http://www.EndoDrChen.com)

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