



## iSGLT2 y su impacto en comorbilidades

Dr. Chih Hao Chen Ku, FACE

Departamento de Farmacología y Toxicología Clínica, Universidad de Costa Rica  
Sistema de Estudios de Postgrado, Universidad de Costa Rica

EndoDrChen.com

---

---

---

---

---

### Conflictos de interés (últimos 5 años)

- Conferencista: Astra Zeneca, Abbott Nutrición, Novartis Oncology, Novo Nordisk, Merck Sharp & Dohme, Roche, Sanofi Aventis, Bayer, Pfizer, Novartis
- Advisory Board: Sanofi Aventis, Novo Nordisk, Stendhal, Pfizer
- Investigación clínica: Astra Zeneca, Novartis Pharma Logistics Inc., Recordati

EndoDrChen.com

---

---

---

---

---

### Agenda

- Revisar el impacto que tienen los inhibidores de SGLT2 en:
  - Insuficiencia cardíaca
  - Nefropatía diabética
  - Enfermedad cardiovascular

EndoDrChen.com

---

---

---

---

---

## Insuficiencia cardíaca

---



---



---



---



---



---

Estudio	MACE	IAM no fatal	Ictus no fatal	Mortalidad CV	Mortalidad total	Hospitalización por falla cardíaca
Inhibidores de SGLT2						
EMPAREG (empagliflozina)	0.86 (0.74-0.99)	0.87 (0.70-1.09)	1.24 (0.92-1.67)	0.62 (0.49-0.77)	0.68 (0.57-0.82)	0.65 (0.5-0.85)
CANVAS (canagliflozina)	0.86 (0.75-0.97)	0.85 (0.69-1.05)	0.90 (0.71-1.15)	0.87 (0.72-1.06)	0.87 (0.74-1.01)	0.67 (0.52-0.87)
DECLARE (dapagliflozina)	0.93 (0.84-1.03)	0.89 (0.77-1.01)	1.01 (0.84-1.21)	0.98 (0.82-1.17)	0.93 (0.82-1.04)	0.73 (0.61-0.88)
VERTIS (ertugliflozina)	0.97 (0.95-1.11)	1.0 (0.86-1.27)	1.0 (0.76-1.32)	0.92 (0.77-1.11)	NA	0.70 (0.54-0.90)
SCORED (sotagliflozina)	0.77 (0.65-0.91)	NA	NA	0.90 (0.63-0.83)	0.99 (0.83-1.18)	0.67 * (0.55-0.82)
SOLIST-WHF (sotagliflozina)	NA	NA	NA	0.84 (0.58-1.22)	0.82 (0.59-1.14)	0.64 * (0.49-0.83)

---



---



---



---



---



---

## DAPA-HF

---



---



---



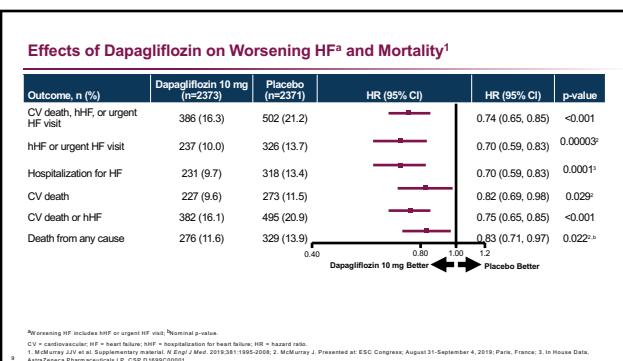
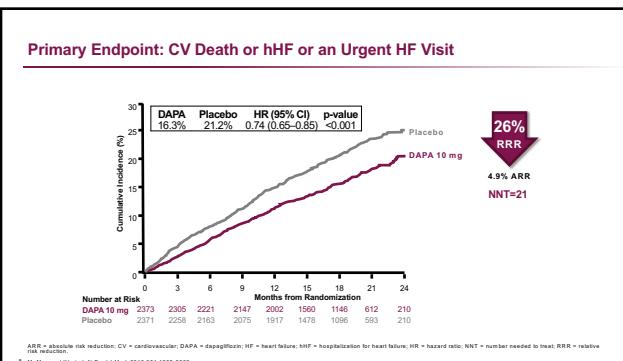
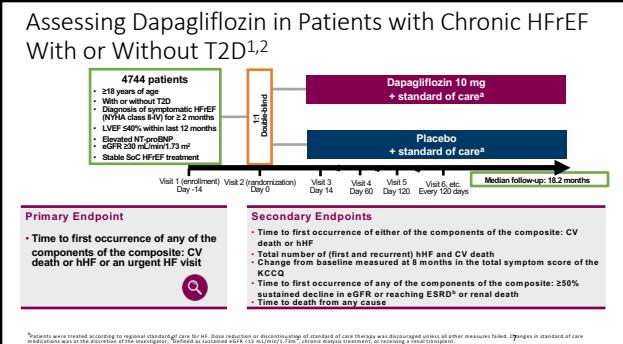
---

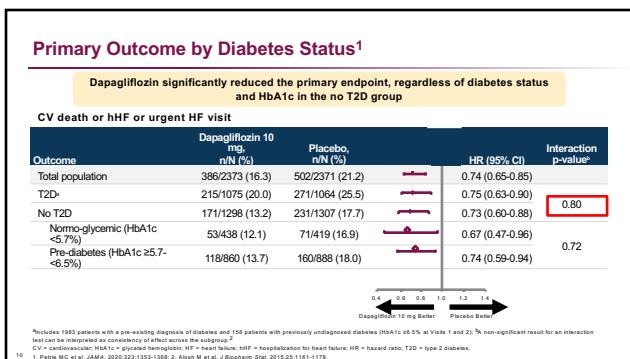


---



---





Event, n (%)	Dapagliflozin 10 mg (n=2368)	Placebo (n=2368)	p-value
AE leading to treatment discontinuation	111 (4.7)	116 (4.9)	0.79
AE of interest			
Volume depletion <sup>b</sup>	178 (7.5)	162 (6.8)	0.40
Renal AE <sup>c</sup>	153 (6.5)	170 (7.2)	0.36
Fracture	49 (2.1)	50 (2.1)	1.00
Amputation	13 (0.5)	12 (0.5)	1.00
Major hypoglycemia <sup>d</sup>	4 (0.2)	4 (0.2)	-
Diabetic ketoacidosis <sup>e</sup>	3 (0.1)	0 (0)	-

# EMPEROR-REDUCED

### Trial inclusion and exclusion criteria

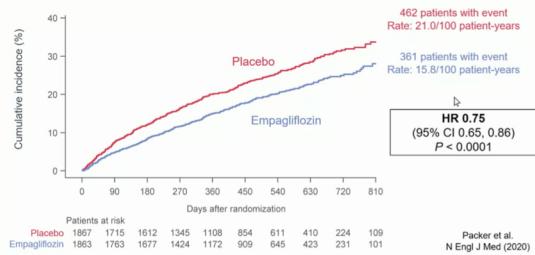
Inclusion criteria	
<b>EMPEROR-Reduced<sup>1,2</sup></b>	<b>DAPA-HF<sup>3</sup></b>
Age ≥18 years (Japan, age ≥20 years) at screening	Age ≥18 years
Chronic HF NYHA class II–IV	Chronic HF NYHA class II–IV
HFrEF (LVEF ≤40%)	HFrEF (LVEF ≤40%)
Elevated NT-proBNP	
EF (%)	NT-proBNP (pg/ml)
≥36 to ≤40	≥2500
≥31 to ≤35	≥1000
≤30	≥600
≤40% + HHF within 12 months	≥600
Further inclusion criteria apply	NT-proBNP ≥400 pg/ml or NT-proBNP ≥400 pg/ml in patients with HHF within 12 months
	Patients without AF <sup>*</sup>
<b>EMPEROR-Reduced</b>	<b>DAPA-HF</b>
eGFR <20 ml/min/1.73 m <sup>2</sup>	eGFR <30 ml/min/1.73 m <sup>2</sup>
or requiring dialysis	or rapidly declining renal function

\*The cut off for patients with AF is doubted in EMPEROR-Reduced. In DAPA-HF patients with AF or atrial flutter were required to have NT-proBNP >600 pg/ml regardless of history of HF.

See sides notes for abbreviations

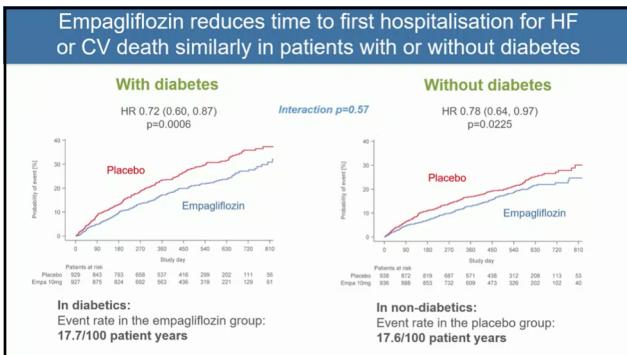
<sup>1,2</sup>Cited from the EMPEROR-Reduced document. Aug 2020; <sup>3</sup> Trenque L et al. PDC-HF 2019 poster #1555. Molskiene L et al. N Engl J Med 2019;381(11):1095.

### EMPEROR-Reduced: Time to Cardiovascular Death or Hospitalization for Heart Failure (Primary Endpoint)



### EMPEROR-Reduced: Effect on Individual Components of the Primary Endpoint

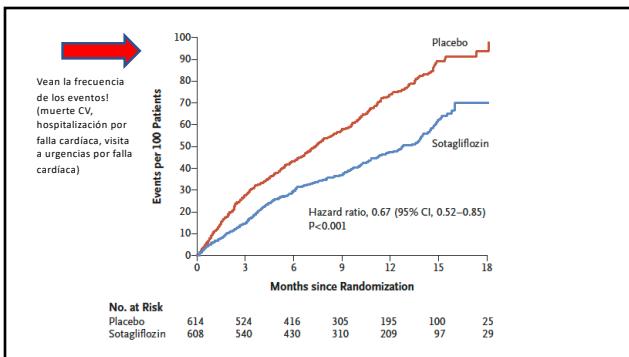
	Empagliflozin (n=1863)		Placebo (n=1867)		Hazard ratio (95% CI)	P value
	Number of events (%)	Events/100 patient-yr	Number of events (%)	Events/100 patient-yr		
Primary composite outcome	361 (19.4%)	15.8	462 (24.7%)	21.0	0.75 (0.65 – 0.86)	<0.0001
First hospitalization for heart failure	246 (13.2%)	10.7	342 (18.3%)	15.5	0.69 (0.59 – 0.81)	
Cardiovascular death	187 (10.0%)	7.6	202 (10.8%)	8.1	0.92 (0.75 – 1.12)	



## SOLOIST-WHF

### Introducción

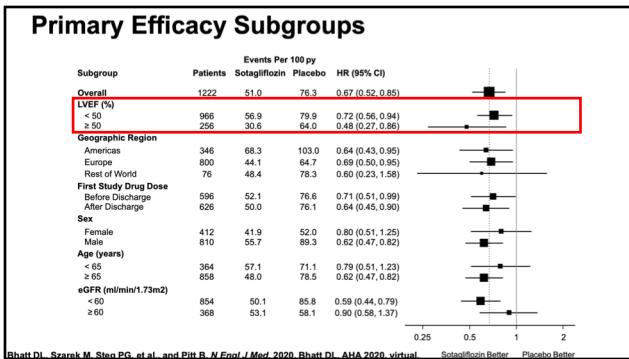
- Sotagliflozin es un inhibidor de SGLT2 (riñón) y SGLT1 (intestinal)
- Ensayo realizado en el contexto del paciente con hospitalización reciente por falla cardíaca
- Con HFrEF ó HFpEF
- Todos con DM-2
- Deben tener PAS >100 mm Hg, sin O2 suplementario, sin necesidad de soporte inotrópico IV y con transición hacia diuréticos orales
- Aleatorizado durante la hospitalización o durante los primeros 3 días post egreso a sotagliflozin 200 mg por día vs placebo



### Efficacy Testing Hierarchy

Endpoint	Sotagliflozin Rate [Events]	Placebo Rate [Events]	HR (95% CI)	P-value
Total CV death, HHF, and urgent HF visit	51.0 [245]	76.3 [355]	0.67 (0.52–0.85)	0.0009
Total HHF and urgent HF visit	40.4 [194]	63.9 [297]	0.64 (0.49–0.83)	0.0008
CV death	10.6 [51]	12.5 [58]	0.84 (0.58–1.22)	0.36
Total CV death, HHF, NFMI, and non-fatal stroke	51.4 [247]	71.0 [330]	0.72 (0.56–0.92)	0.008*
Total CV death, HHF, urgent HF visit, and HF while hospitalized	54.7 [263]	80.6 [375]	0.68 (0.54–0.86)	0.001*
All-cause death	13.5 [65]	16.3 [76]	0.82 (0.59–1.14)	0.23*
Change in KCCQ-12 score, points	17.7	13.6	4.1 (1.3–7.0)	0.005*
Change in eGFR, mL/min/1.73m <sup>2</sup>	-0.34	-0.18	-0.16 (-1.30–0.98)	0.78*

\*Nominal p-value. Rate = number of events per 100 patient-years. Values in table for change in KCCQ-12 score and change in eGFR are least squares means, difference in least squares means, and 95% CI for difference in least squares means



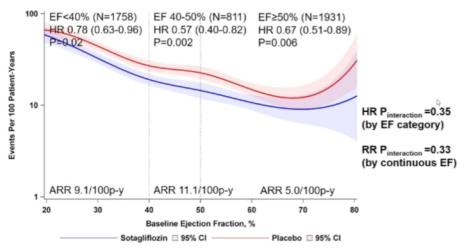
Bhatt DL, Szarek M, Steg PG, et al., and Pitt B. *N Engl J Med*. 2020; Bhatt DL. AHA 2020 virtual.

### Adverse Events of Special Interest

Composite Term	Sotagliflozin N=605 n (%)	Placebo N=611 n (%)	P-value
Bone fractures	12 (2.0)	9 (1.5)	0.52
Diabetic ketoacidosis	2 (0.3)	4 (0.7)	0.69
Genital mycotic infections	5 (0.8)	1 (0.2)	0.12
Urinary tract infections	52 (8.6)	44 (7.2)	0.40
Volume depletion	57 (9.4)	54 (8.8)	0.77
Diarrhea	42 (6.9)	25 (4.1)	0.032
Pancreatitis	0	3 (0.5)	0.25
Venous thrombotic events	0	7 (1.1)	0.015
Malignancies	4 (0.7)	4 (0.7)	1.00
Adverse event leading to amputation	4 (0.7)	1 (0.2)	0.22
Severe hypoglycemia	9 (1.5)	2 (0.3)	0.037

Bhatt DL, Synder M, Steg PG, et al., and Pitt B. *N Engl J Med*. 2020; Bhatt DL. *AHA 2020*, virtual.

### Pooled Data: SOLOIST and SCORED Total CV Death, HHF, and Urgent HF Visit in 4,500 Patients with History of HF



Bhatt DL. *ACC 2021*, virtual.

### Breakthrough results for empagliflozin confirm EMPEROR-Preserved as first and only successful trial for heart failure with preserved ejection fraction

- The EMPEROR-Preserved Phase III trial met its primary endpoint and demonstrated significant risk reduction with empagliflozin for the composite of cardiovascular death or hospitalization for heart failure in patients with heart failure with preserved ejection fraction (HFpEF).
- HFpEF has been classified as "the single largest unmet need in cardiovascular medicine" based on prevalence, poor outcomes and the absence of clinically proven therapies to date<sup>2</sup>.
- With approval, empagliflozin would become the first and only clinically proven therapy to improve outcomes for the full spectrum of heart failure patients regardless of ejection fraction.

## Efectos en nefropatía diabética

---



---



---



---



---



---

	Desenlace compuesto microvascular	Desenlace compuesto renal	Nueva aparición microalbuminuria	Doblarmento creatinina	Terapia reemplazo renal	Muerte renal
Inhibidores de SGLT2						
EMPAREG (empagliflozina)	0.62 (0.54-0.70)	0.61 (0.53-0.70)	0.62 (0.54-0.72)	0.56 (0.39-0.79)	0.45 (0.21-0.97)	NA
CANVAS (canagliflozina)	0.86 (0.75-0.97)	0.60 (0.47-0.77)	0.80 (0.79-0.88)	0.50 (0.39-0.84)	0.77 (0.30-1.97)	NA
DECLARE (dapagliflozina)	NA	0.53 (0.43-0.66)	NA	NA	NA	NA
CREDENCE (canagliflozina)	NA	0.66 (0.53-0.81)	NA	0.60 (0.49-0.76)	0.74 (0.55-1.00)	NA
VERTIS (ertugliflozina)	NA	0.81 (0.63-1.04)	NA	NA	NA	NA
SCORED	NA	0.71 (0.46-1.08)	NA	NA	NA	NA

---



---



---



---



---



---

Estudios con desenlaces renales:  
pacientes con DM y proteinuria  
(CREDENCE)

---



---



---



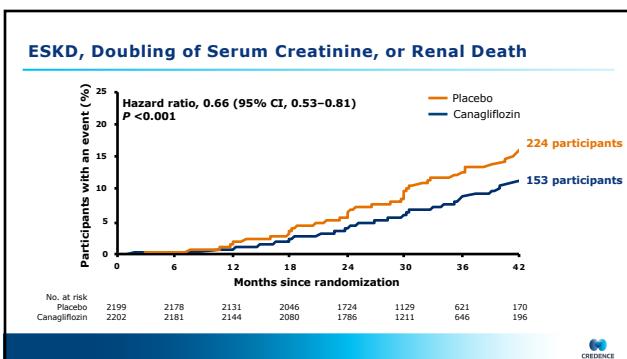
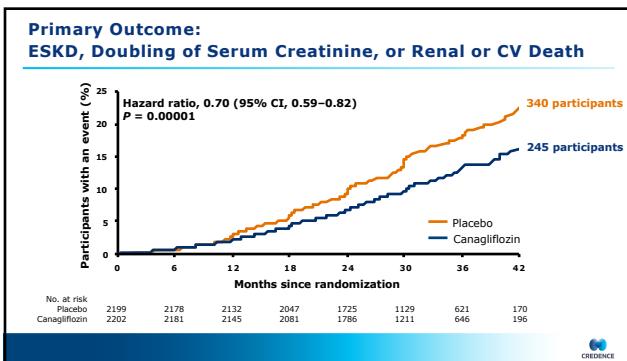
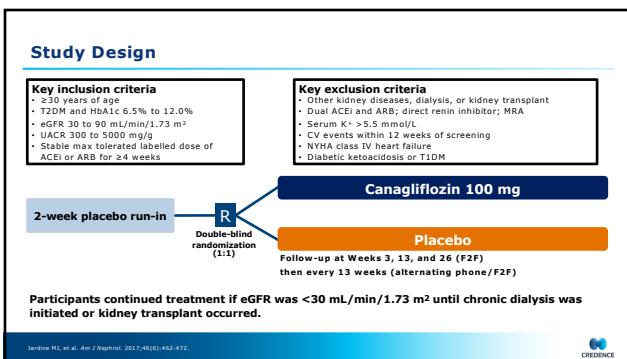
---

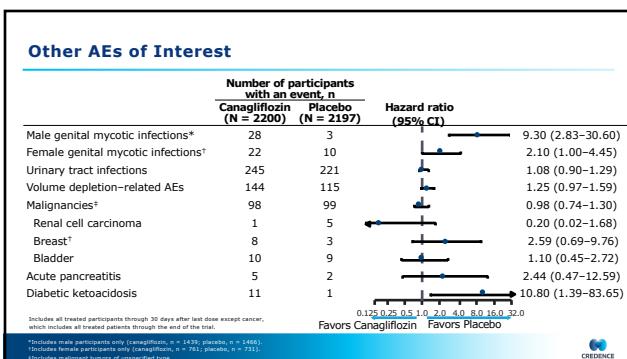
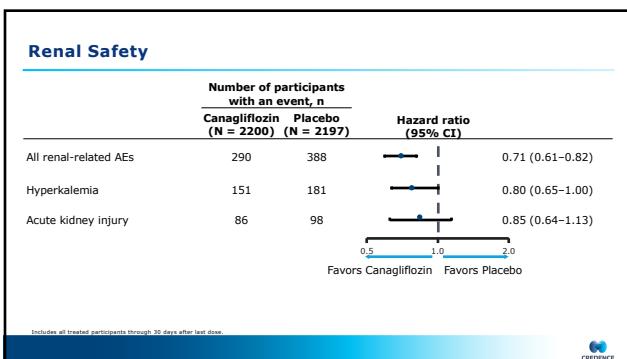
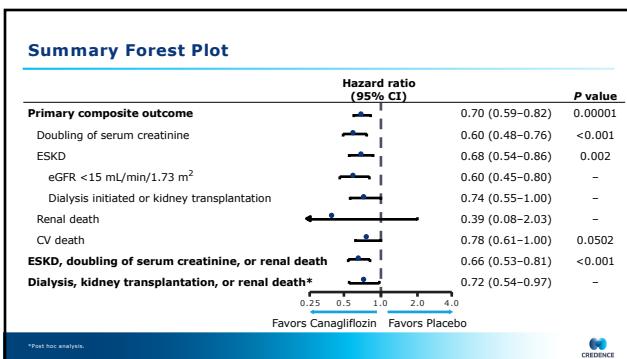


---



---





## Pacientes con DM y ERC independientemente de proteinuria (SCORED)

### Key Inclusion and Exclusion Criteria

SCORED

#### Inclusion:

- Type 2 diabetes with HbA1c $\geq$ 7%
- eGFR 25-60 mL/min/1.73m<sup>2</sup>
  - with no requirement for macro- or micro-albuminuria
- CV risk factors

#### Exclusion:

- Planned start of SGLT2 inhibitor

Bhatt DL, Szarek M, Pitt B, et al., and Stea PG. *N Engl J Med*. 2020; Bhatt DL. AHA 2020, virtual.

### Efficacy Testing Hierarchy

SCORED

Endpoint	Sotagliflozin Rate [Events]	Placebo Rate [Events]	HR (95% CI)	P-value
Total CV death, HHF, and urgent HF visit	5.6 [400]	7.5 [530]	0.74 (0.63-0.88)	0.0004
Total HHF and urgent HF visit	3.5 [245]	5.1 [360]	0.67 (0.55-0.82)	0.0001
CV death	2.2 [155]	2.4 [170]	0.90 (0.73-1.12)	0.35
Total CV death, HHF, non-fatal MI, and non-fatal stroke	7.6 [541]	10.4 [738]	0.72 (0.63-0.83)	0.000008*
Total CV death, HHF, urgent HF visit, and HF while hospitalized	6.4 [453]	8.3 [589]	0.76 (0.65-0.89)	0.0005*
First sustained** >50% decrease in eGFR, chronic dialysis, renal transplant or sustained* eGFR <15 mL/min/1.73m <sup>2</sup>	0.5 [37]	0.7 [52]	0.71 (0.46-1.08)	0.11*
All-cause death	3.5 [246]	3.5 [246]	0.99 (0.83-1.18)	0.93*
Total CV death, non-fatal MI, and non-fatal stroke	4.8 [343]	6.3 [442]	0.77 (0.65-0.91)	0.002*

\*For ≥30 days. \*Nominal p-value. Rate = number of events per 100 patient-years.  
Bhatt DL, Szarek M, Pitt B, et al., and Stea PG. *N Engl J Med*. 2020; Bhatt DL. AHA 2020, virtual.

<b>Adverse Events of Special Interest</b>			<b>SCORED</b>
<b>Composite Term</b>	<b>Sotagliflozin N=5291 n (%)</b>	<b>Placebo N=5286 n (%)</b>	<b>P-value</b>
Urinary tract infections	610 (11.5)	585 (11.1)	0.45
Diarrhea	448 (8.5)	315 (6.0)	<0.0001
Volume depletion	278 (5.3)	213 (4.0)	0.003
Bone fractures	111 (2.1)	117 (2.2)	0.68
Genital mycotic infections	125 (2.4)	45 (0.9)	<0.0001
Severe hypoglycemia	53 (1.0)	55 (1.0)	0.84
Malignancies	47 (0.9)	42 (0.8)	0.60
Venous thrombotic events	31 (0.6)	37 (0.7)	0.46
Adverse event leading to amputation	32 (0.6)	33 (0.6)	0.89
Diabetic ketoacidosis	30 (0.6)	14 (0.3)	0.022
Pancreatitis	12 (0.2)	20 (0.4)	0.16

Bhatt DL, Szczerk M, Pitt B, et al., and Steg PG. *N Engl J Med.* 2020; Bhatt DL. AHA 2020, virtual.

Pacientes con proteinuria con y sin DM (DAPA-CKD)

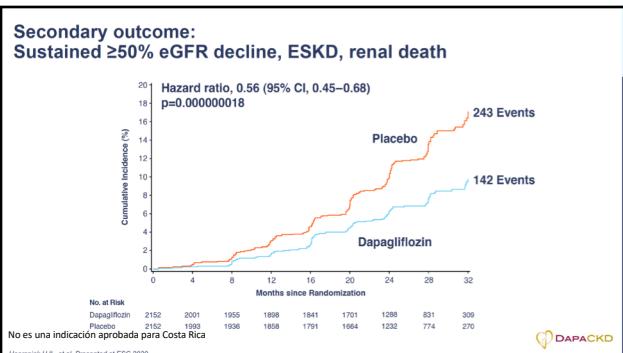
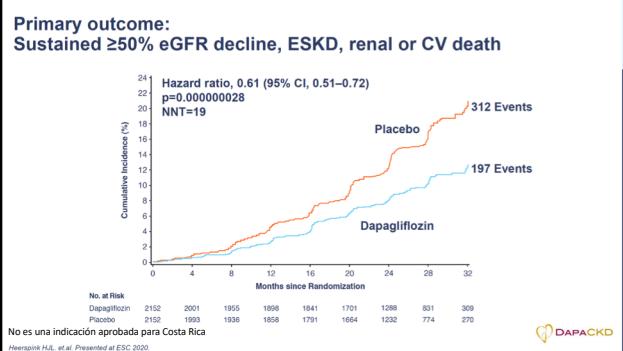
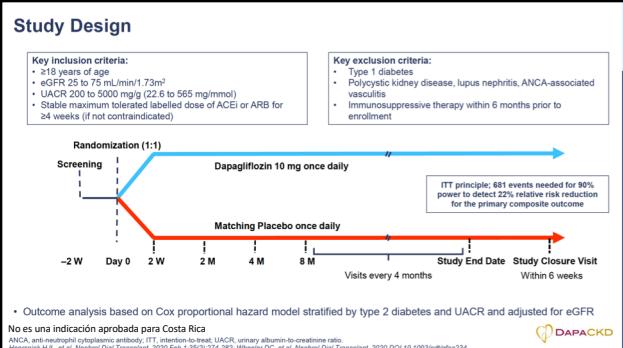
### Objectives

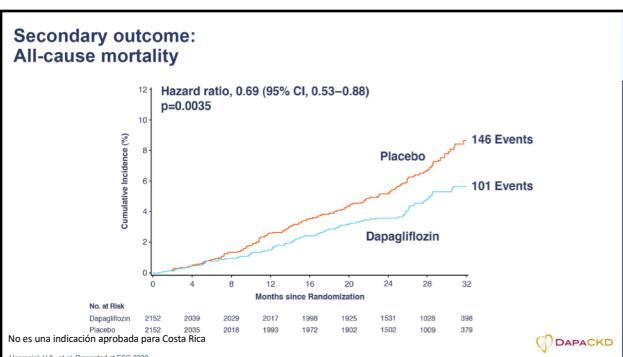
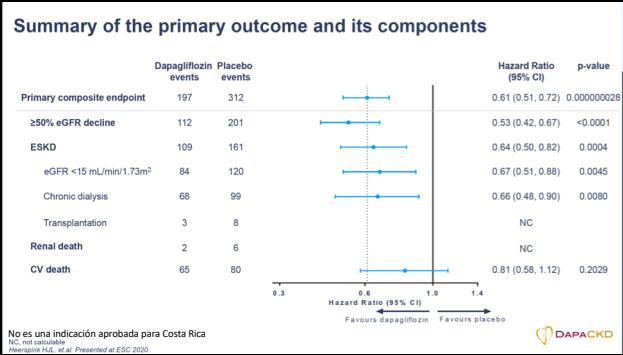
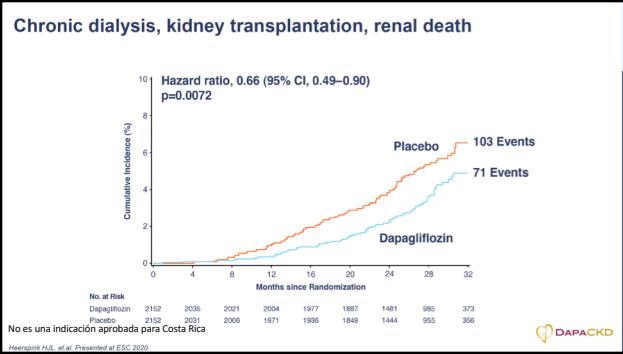
- To assess whether treatment with dapagliflozin, compared with placebo, reduced the risk of renal and CV events in people with CKD with or without type 2 diabetes, and who are receiving standard of care including a maximum tolerated dose of an ACE inhibitor or ARB
- Primary outcome
  - Composite outcome of sustained ≥50% eGFR decline, ESKD, renal or CV death
- Secondary outcomes (in hierarchical order)
  - Composite outcome of sustained ≥50% eGFR decline, ESKD or renal death
  - CV death or hospitalizations for heart failure
  - All-cause mortality

eGFR, estimated glomerular filtration rate; ESKD, end-stage kidney disease.  
Herrlinger H, et al. *Nephrol Dial Transplant.* 2009 Feb; 1:35(2):274-282.

No es una indicación aprobada para Costa Rica







FDA NEWS RELEASE

## FDA Approves Treatment for Chronic Kidney Disease

*Approval is First to Cover Many Causes of Disease*

[f Share](#) [Tweet](#) [in LinkedIn](#) [Email](#) [Print](#)

For Immediate Release: April 30, 2021

Today, the U.S. Food and Drug Administration approved Farxiga (dapagliflozin) oral tablets to reduce the risk of kidney function decline, kidney failure, cardiovascular death and hospitalization for heart failure in adults with chronic kidney disease who are at risk of disease progression.

## Enfermedad cardiovascular

Estudio	MACE	IAM no fatal	Ictus no fatal	Mortalidad CV	Mortalidad total	Hospitalización por falla cardíaca
Inhibidores de SGLT2						
EMPAREG (empagliflozina)	0.86 (0.74-0.99)	0.87 (0.70-1.09)	1.24 (0.92-1.67)	0.62 (0.49-0.77)	0.68 (0.57-0.82)	0.65 (0.5-0.85)
CANVAS (canagliflozina)	0.86 (0.75-0.97)	0.85 (0.69-1.05)	0.90 (0.71-1.15)	0.87 (0.72-1.06)	0.87 (0.74-1.01)	0.67 (0.52-0.87)
DECLARE (dapagliflozina)	0.93 (0.84-1.03)	0.89 (0.77-1.01)	1.01 (0.84-1.21)	0.98 (0.82-1.17)	0.93 (0.82-1.04)	0.73 (0.61-0.88)
VERTIS (ertugliflozina)	0.97 (0.95-1.11)	1.0 (0.86-1.27)	1.0 (0.76-1.32)	0.92 (0.77-1.11)	NA	0.70 (0.54-0.90)

## Reflexiones

- Podemos seguir hablando de efecto de clase?
- Por qué ertugliflozina fue negativo en VERTIS a pesar de tener criterios de inclusión casi idénticos a EMPAREG?
- SOLOIST y SCORED no tenían poder para demostrar efectos en enfermedad cardiovascular porque se tuvo que reducir el número de pacientes y cambiar el desenlace a falla cardíaca

---



---



---



---



---



---

Estudio	MACE	IAM no fatal	Ictus no fatal	Mortalidad CV	Mortalidad total	Hospitalización por falla cardíaca
Análogos de GLP1						
ELIXA (liraglutide)	1.02 (0.89-1.17) &	1.03 (0.87-1.22)	1.12 (0.79-1.58)	0.98 (0.78-1.22)	0.94 (0.78-1.13)	0.96 (0.75-1.23)
LEADER (liraglutide)	0.87 (0.76-0.97)	0.88 (0.75-1.03)	0.89 (0.72-1.11)	0.78 (0.66-0.93)	0.85 (0.74-0.97)	0.87 (0.73-1.05)
SUSTAIN-6 (semaglutide SC)	0.74 (0.58-0.95)	0.74 (0.51-1.08)	0.61 (0.38-0.99)	0.98 (0.65-1.48)	1.05 (0.74-1.50)	1.11 (0.77-1.61)
PIONEER-6 (semaglutide oral)	0.79 (0.57-1.11)	1.18 (0.73-1.90)	0.74 (0.35-1.57)	0.49 (0.27-0.92)	0.51 (0.31-0.84)	0.86 (0.48-1.55)
EXSCEL (exenatide)	0.91 (0.83-1.00)	0.95 (0.84-1.09)	0.86 (0.70-1.07)	0.88 (0.73-1.05)	0.86 (0.77-0.97)	0.94 (0.78-1.13)
HARMONY (albiglutide)	0.78 (0.68-0.90)	0.75 (0.61-0.90)	0.86 (0.66-1.14)	0.93 (0.73-1.19)	0.93 (0.73-1.19)	0.95 (0.79-1.16)
REWIND (dulaglutide)	0.88 (0.79-0.99)	0.96 (0.79-1.15)	0.75 (0.61-0.95)	0.91 (0.78-1.06)	0.90 (0.80-1.01)	0.93 (0.77-1.12)
AMPLITUDE-O (efpeglenatide)	0.73 (0.58-0.92)	0.78 (0.55-1.10)	0.74 (0.47-1.16)	0.72 (0.50-1.03)	0.78 (0.58-1.06)	0.61 (0.38-0.98)

---



---



---



---



---



---

## Consideraciones prácticas y reflexiones finales

---



---



---



---



---



---

### Consideraciones prácticas

- A pesar de su efecto nefroprotector, el efecto en reducción de glucosa va bajando entre menor sea TFG
  - La reducción es mínima con TFG <45 cc/min/1.73 m<sup>2</sup>
  - Se sigue manteniendo el efecto en reducción de peso y presión arterial
    - No está claro los mecanismos
    - En nefroprotección, todos los estudios con TFG >25 cc/min/1.73 m<sup>2</sup>
- Algunos efectos adversos se presentan con más frecuencia en TFG <45 cc/min/1.73 m<sup>2</sup>
  - Hipotensión postural: ajustar dosis de diuréticos
  - Algunos datos de hipercalemia: no así demostrado en los estudios con desenlaces renales, sólo en las fases III

---



---



---



---



---



---

### Consideraciones prácticas

- En quiénes tener más cuidado?
  - Adultos mayores y personas frágiles
  - pacientes con amputación previa
- Parece que está claramente establecido el papel que tiene en insuficiencia cardíaca,
  - Independiente de si tiene o no DM
  - Independiente de fracción de eyeción
  - Lo que no está tan claro es la secuencia de fármacos
- Seguridad en pacientes aún sin diabetes

---



---



---



---



---



---

### Preguntas...

[chenku2409@gmail.com](mailto:chenku2409@gmail.com)

Puede descargar la  
presentación en:



[www.EndoDrChen.com](http://www.EndoDrChen.com)

---



---



---



---



---



---