

**CONGRESO INTERNACIONAL DE  
“DIABETES Y CONTROVERSIAS EN  
ENDOCRINOGÉIA AECE 2021”**



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Resultados de estudios CV y renales con iSGLT2





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**Conflictos de interés (últimos 5 años)**

- Conferencista: Astra Zeneca, Abbott Nutrición, Novartis Oncology, Novo Nordisk, Merck Sharp & Dohme, Roche, Sanofi Aventis, Bayer, Pfizer, Novartis
- Advisory Board: Sanofi Aventis, Novo Nordisk, Stendhal, Pfizer
- Investigación clínica: Astra Zeneca, Novartis Pharma Logistics Inc., Recordati



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## Agenda

- Revisar el impacto que tienen los inhibidores de SGLT2 en:

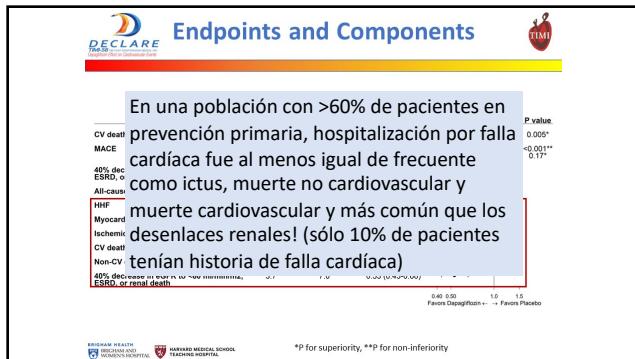
- Insuficiencia cardíaca
- Nefropatía diabética
- Enfermedad cardiovascular



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## Enfermedad cardiovascular y falla cardíaca

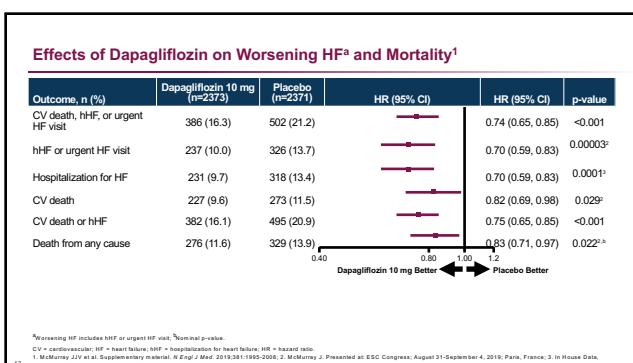
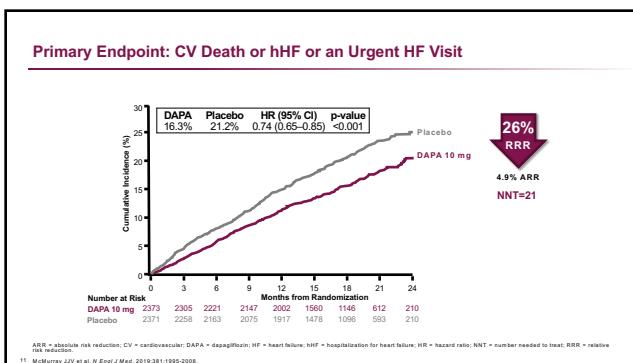
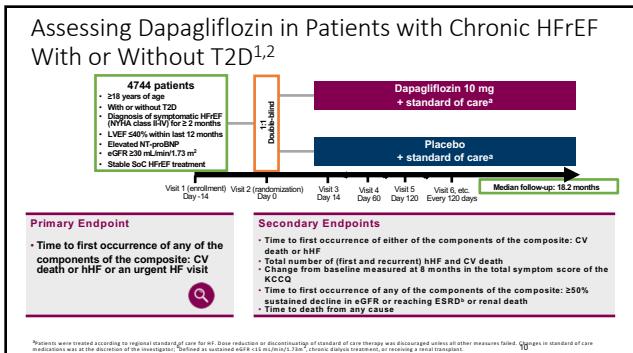
Estudio	MACE	IAM no fatal	Ictus no fatal	Mortalidad CV	Mortalidad total	Hospitalización por falla cardíaca
Inhibidores de SGLT2						
EMPAREG (empagliflozina)	0.86 (0.74-0.99)	0.87 (0.70-1.09)	1.24 (0.92-1.67)	0.62 (0.49-0.77)	0.68 (0.57-0.82)	0.65 (0.5-0.85)
CANVAS (canagliflozina)	0.86 (0.75-0.97)	0.85 (0.69-1.05)	0.90 (0.71-1.15)	0.87 (0.72-1.06)	0.87 (0.74-1.01)	0.67 (0.52-0.87)
DECLARE (dapagliflozina)	0.93 (0.84-1.03)	0.89 (0.77-1.01)	1.01 (0.84-1.21)	0.98 (0.82-1.17)	0.93 (0.82-1.04)	0.73 (0.61-0.88)
VERTIGO (ertugliflozina)	0.97 (0.95-1.11)	1.0 (0.86-1.27)	1.0 (0.76-1.32)	0.92 (0.77-1.11)	NA	0.70 (0.54-0.90)
SCORED (sotagliflozina)	0.77 (0.65-0.91)	NA	NA	0.90 (0.63-0.83)	0.99 (0.83-1.18)	0.67* (0.55-0.82)
SOLIST-WHF (sotagliflozina)	NA	NA	NA	0.84 (0.58-1.22)	0.82 (0.59-1.14)	0.64 * (0.49-0.83)



Por qué nos da la impresión que hay menos falla cardíaca?

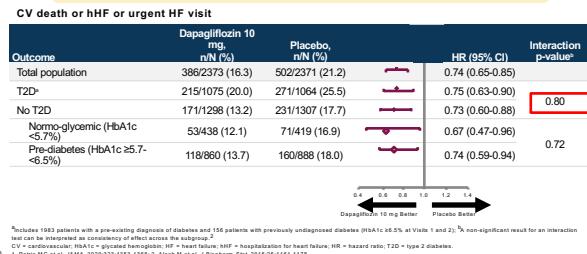
- Subdiagnóstico!
- Paciente con obesidad, diabetes y disnea de esfuerzos... no siempre pensamos en falla cardíaca
- Se confunde el diagnóstico clínico
- Definitivamente hay que pensar en falla cardíaca
  - Tratamientos que modifican la historia natural de la enfermedad
  - Tratamientos que mejoran sobrevida y tasa de rehospitalización

DAPA-HF



### Primary Outcome by Diabetes Status<sup>a</sup>

Dapagliflozin significantly reduced the primary endpoint, regardless of diabetes status and HbA1c in the no T2D group



### Safety Outcomes<sup>a</sup>

Event, n (%)	Dapagliflozin 10 mg (n=2368)	Placebo (n=2368)	p-value
AE leading to treatment discontinuation	111 (4.7)	116 (4.9)	0.79
AE of interest			
Volume depletion <sup>b</sup>	178 (7.5)	162 (6.8)	0.40
Renal AE <sup>c</sup>	153 (6.5)	170 (7.2)	0.36
Fracture	49 (2.1)	50 (2.1)	1.00
Amputation	13 (0.5)	12 (0.5)	1.00
Major hypoglycemia <sup>d</sup>	4 (0.2)	4 (0.2)	-
Diabetic ketoacidosis <sup>e</sup>	3 (0.1)	0 (0)	-

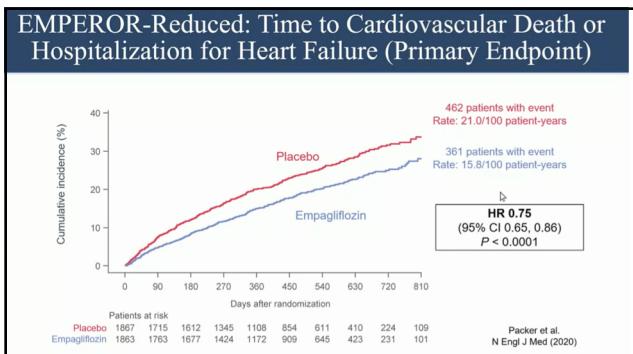
<sup>a</sup>Safety population included all patients who had undergone randomization and received at least one dose of dapagliflozin or placebo. <sup>b</sup>Volume depletion serious AEs in 29 dapagliflozin patients (1.2%) and 49 placebo patients (1.7%), p=0.23. <sup>c</sup>Renal serious AEs in 38 dapagliflozin patients (1.6%) and 45 placebo patients (2.7%), p=0.025. Serious adverse events of acute kidney injury were reported in 11 dapagliflozin patients (0.5%) and 14 placebo patients (0.6%). <sup>d</sup>Major hypoglycemia was defined as a patient requiring external assistance to recover from a hypoglycemic event. <sup>e</sup>All cases of diabetic ketoacidosis occurred in patients with diabetes at baseline. <sup>f</sup>All cases of diabetic ketoacidosis occurred in patients with diabetes at baseline and were adjudicated as definite or probable by an investigator.

14 McMurray JJW et al. Alpha and SGLT2 inhibitors. N Engl J Med. 2019;381:1982-2008.

EMPEROR-REDUCED

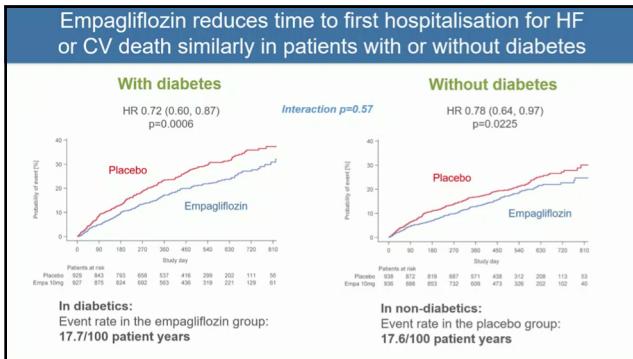
Trial inclusion and exclusion criteria	
Inclusion criteria	
<b>EMPEROR-Reduced<sup>1,2</sup></b>	<b>DAPA-HF<sup>3</sup></b>
Age ≥18 years (Japan, age ≥20 years) at screening Chronic HF NYHA class II–IV HFrEF (LVEF ≤40%) Elevated NT-proBNP EF (%) NT-proBNP (pg/ml) ≥36 to ≤40 ≥2500 NT-proBNP ≥600 pg/ml or NT-proBNP ≥400 pg/ml in patients with HHF within 12 months ≥31 to ≤35 ≥1000 Patients without AF <sup>a</sup> ≤30 ≥600 ≤40% + HHF within 12 months ≥600 Patients without AF <sup>a</sup>	Age ≥18 years Chronic HF NYHA class II–IV HFrEF (LVEF ≤40%) NT-proBNP ≥600 pg/ml or NT-proBNP ≥400 pg/ml in patients with HHF within 12 months Patients without AF <sup>a</sup>
Further inclusion criteria apply	Further inclusion criteria apply
<b>EMPEROR-Reduced</b> eGFR <20 ml/min/1.73 m <sup>2</sup> or requiring dialysis	<b>DAPA-HF</b> eGFR <30 ml/min/1.73 m <sup>2</sup> or rapidly declining renal function

\*The cut off for patients with AF is doubled in EMPEROR-Reduced. In DAPA-HF patients with AF or atrial flutter were required to have NT-proBNP 3500 pg/ml regardless of history of HHF. See studies notes for abbreviations.  
<sup>1</sup>Yoshioka T, et al. Circulation. 2020; 142: e1-e11. <sup>2</sup>Yoshioka T, et al. JACC: Heart Failure. 2019; 7: 1024-1034. <sup>3</sup>Zheng J, et al. JACC: Heart Failure. 2019; 7: 1995-2005.



### EMPEROR-Reduced: Effect on Individual Components of the Primary Endpoint

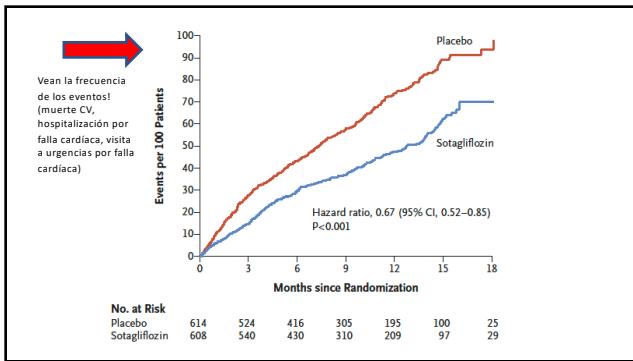
	Empagliflozin (n=1863)		Placebo (n=1867)		Hazard ratio (95% CI)	P value
	Number of events (%)	Events/100 patient-yr	Number of events (%)	Events/100 patient-yr		
Primary composite outcome	361 (19.4%)	15.8	462 (24.7%)	21.0	0.75 (0.65 – 0.86)	<0.0001
First hospitalization for heart failure	246 (13.2%)	10.7	342 (18.3%)	15.5	0.69 (0.59 – 0.81)	
Cardiovascular death	187 (10.0%)	7.6	202 (10.8%)	8.1	0.92 (0.75 – 1.12)	



## SOLOIST-WHF

### Introducción

- Sotagliflozin es un inhibidor de SGLT2 (riñón) y SGLT1 (intestinal)
- Ensayo realizado en el contexto del paciente con hospitalización reciente por falla cardíaca
- Con HFrEF ó HFpEF
- Todos con DM-2
- Debían tener PAS >100 mm Hg, sin O2 suplementario, sin necesidad de soporte inotrópico IV y con transición hacia diuréticos orales
- Aleatorizado durante la hospitalización o durante los primeros 3 días post egreso a sotagliflozin 200 mg por día vs placebo

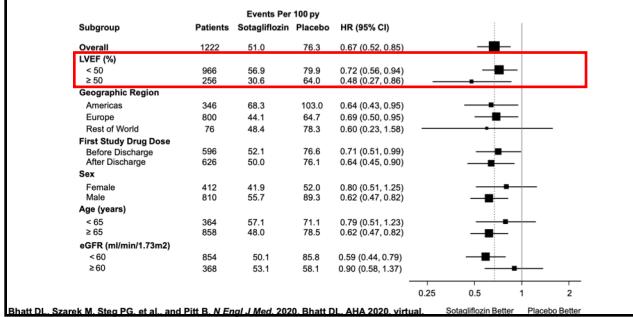


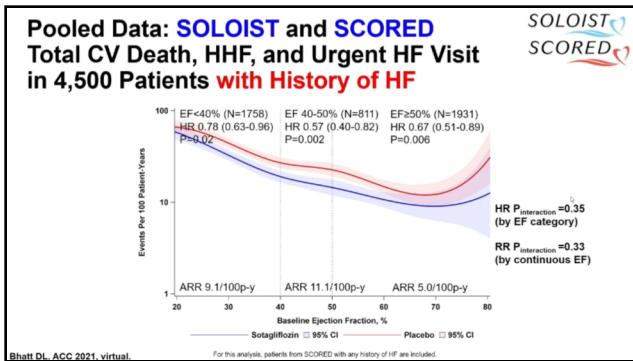
## **Efficacy Testing Hierarchy**

Endpoint	Sotagliflozin Rate [Events]	Placebo Rate [Events]	HR (95% CI)	P-value
Total CV death, HHF, and urgent HF visit	51.0 [245]	76.3 [355]	0.67 (0.52-0.85)	0.0009
Total HHF and urgent HF visit	40.4 [194]	63.9 [297]	0.64 (0.49-0.83)	0.0008
CV death	10.6 [51]	12.5 [58]	0.84 (0.58-1.22)	0.36
Total CV death, HHF, NFMI, and non-fatal stroke	51.4 [247]	71.0 [330]	0.72 (0.56-0.92)	0.008*
Total CV death, HHF, urgent HF visit, and HF while hospitalized	54.7 [263]	80.6 [375]	0.68 (0.54-0.86)	0.001*
All-cause death	13.5 [65]	16.3 [76]	0.82 (0.59-1.14)	0.23*
Change in KCCQ-12 score, points	17.7	13.6	4.1 (1.3-7.0)	0.005*
Change in eGFR, mL/min/1.73m <sup>2</sup>	-0.34	-0.18	-0.16 (-1.30-0.98)	0.78*

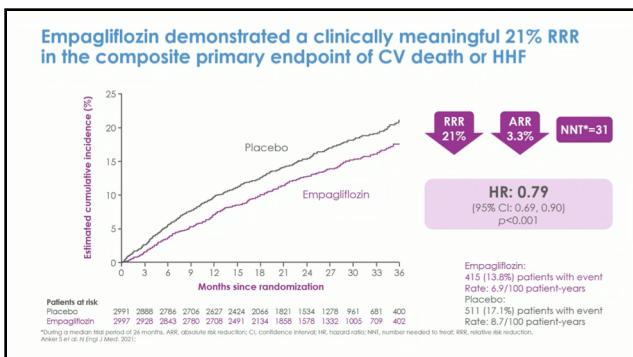
\*Nominal p-value. Rate = number of events per 100 patient-years. Values in table for change in KCCQ-12 score and change in eGFR are least squares means, difference in least squares means, and 95% CI for difference in least squares means

## Primary Efficacy Subgroups





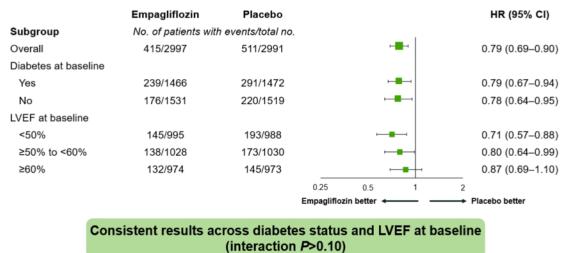
## EMPEROR-PRESERVED



### Primary endpoint: individual components

	Empagliflozin (n=2997)		Placebo (n=2991)		Hazard ratio (95% CI)	P value
	Number of events (%)	Events/100 patient-yrs	Number of events (%)	Events/100 patient-yrs		
Primary composite outcome	415 (13.8%)	6.9	511 (17.1%)	8.7	0.79 (0.69 – 0.90)	0.0003
First hospitalization for heart failure	259 (8.6%)	4.3	352 (11.8%)	6.0	0.71 (0.60 – 0.83)	
Cardiovascular death	219 (7.3%)	3.4	244 (8.2%)	3.8	0.91 (0.76 – 1.09)	

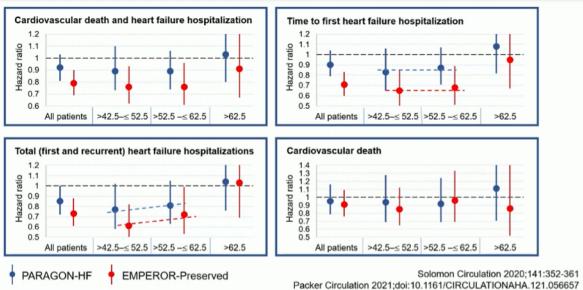
### EMPEROR-Preserved: Results

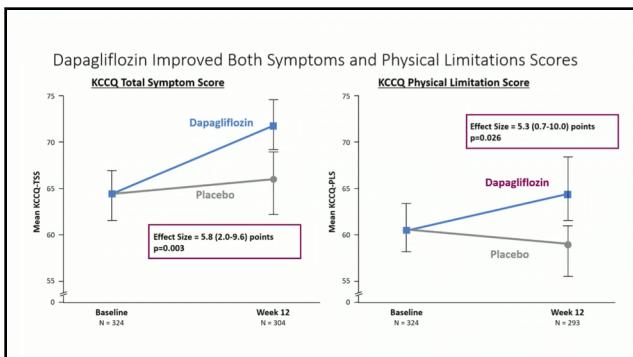
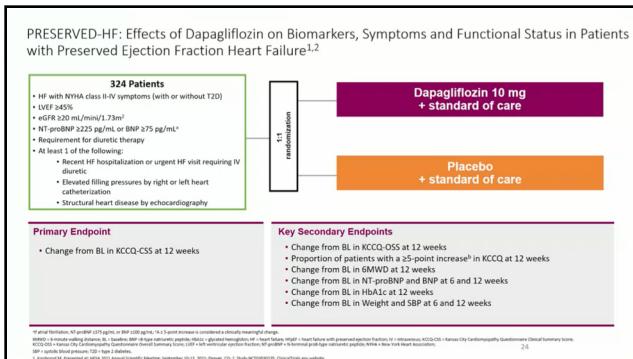


CI, confidence interval; HR, hazard ratio; LVEF, left ventricular ejection fraction.

Amid S, et al. N Engl J Med. 2021; doi: 10.1056/NEJMoa207030 [Epub ahead of print]

### Side-by-Side Display of EMPEROR-Preserved and PARAGON-HF in Ejection Fraction Subgroups (Post Hoc)



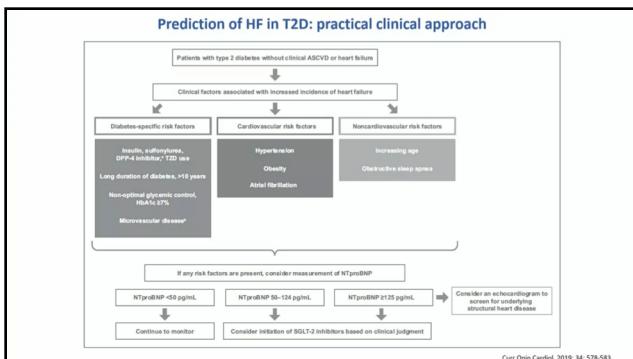
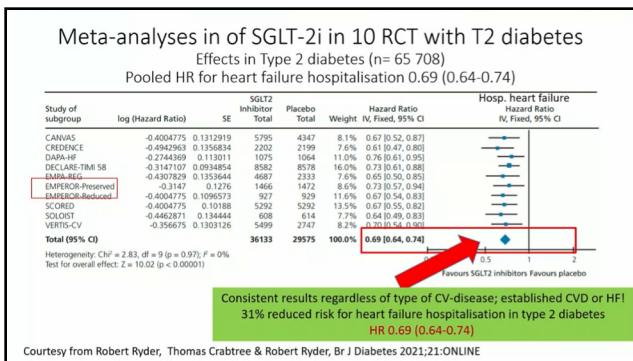


**Therapies successful in HFrEF have not demonstrated success in full range of HpEF**

Intervention	HFrEF <sup>1-14</sup>	HpEF <sup>18-25</sup>
Beta blocker	✓	✗
ACEI/ARB	✓	✗
ARNI	✓	✗
Cardiac glycosides	?	✓
MRA	✓	?
Vasodilators	✓	?
CRT	✓	?
ICD	✓	?
Exercise	✓	?
Intravenous iron	✓	?

1. Dapagliflozin is not approved to reduce the risk of CV death or hospitalization for heart failure in adult patients with heart failure with preserved ejection fraction, or to slow kidney function decline in adults with type 2 diabetes mellitus (T2DM). 2. ACEI, angiotensin-converting enzyme inhibitor; ARB, angiotensin receptor blocker; ARNI, angiotensin receptor inhibitor; CRT, cardiac resynchronization therapy; HFrEF, heart failure with reduced ejection fraction; HpEF, heart failure with preserved ejection fraction; ICD, implantable cardioverter-defibrillator; MRA, mineralocorticoid receptor antagonist.

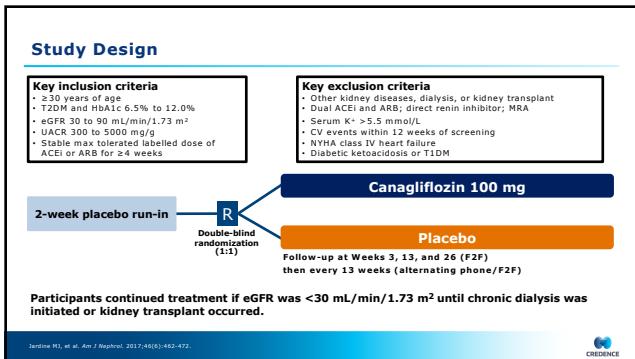
2. 1. Pfeffer MA, Braunwald E, et al. N Engl J Med 2013;368:1111-1120. 2. Carrión J, et al. N Engl J Med 2014;369:2210-2219. 3. Cope JP, et al. N Engl J Med 2014;369:2220-2229. 4. Gami LG, et al. N Engl J Med 2014;369:2230-2239. 5. Sotoodehnia N, et al. N Engl J Med 2014;369:2240-2249. 6. Pfeffer MA, et al. N Engl J Med 2014;369:2250-2259. 7. Pfeffer MA, et al. N Engl J Med 2014;369:2260-2269. 8. Cope JP, et al. N Engl J Med 2014;369:2270-2279. 9. Pfeffer MA, et al. N Engl J Med 2014;369:2280-2289. 10. Pfeffer MA, et al. N Engl J Med 2014;369:2290-2299. 11. Pfeffer MA, et al. N Engl J Med 2014;369:2300-2309. 12. Pfeffer MA, et al. N Engl J Med 2014;369:2310-2319. 13. Pfeffer MA, et al. N Engl J Med 2014;369:2320-2329. 14. Pfeffer MA, et al. N Engl J Med 2014;369:2330-2339. 15. Pfeffer MA, et al. N Engl J Med 2014;369:2340-2349. 16. Pfeffer MA, et al. N Engl J Med 2014;369:2350-2359. 17. Pfeffer MA, et al. N Engl J Med 2014;369:2360-2369. 18. Pfeffer MA, et al. 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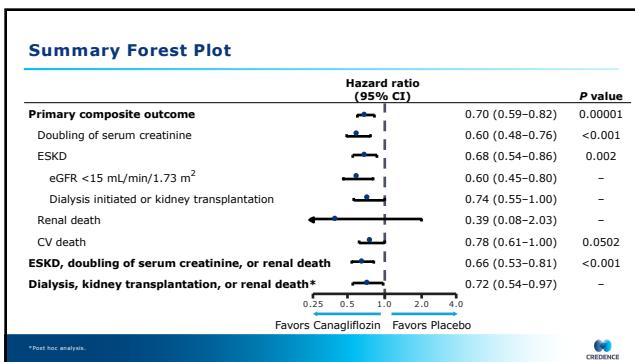
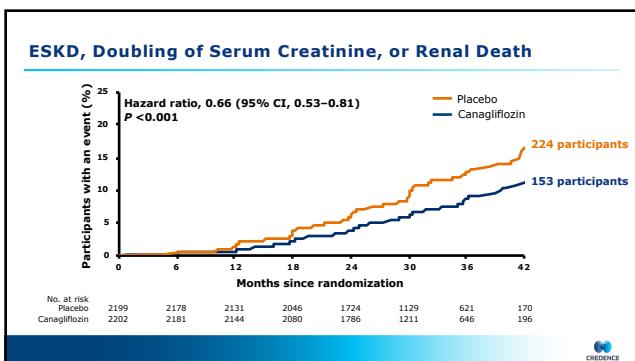
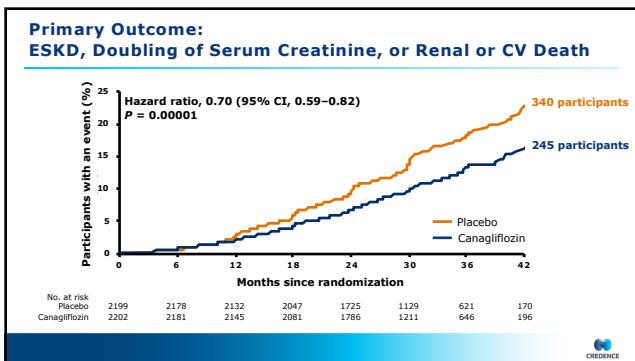


Efectos en nefropatía diabética

	Desenlace compuesto microvascular	Desenlace compuesto renal	Nueva apricón microalbuminuria	Doblamiento creatína	Terapia reemplazo renal	Muerte renal
Inhibidores de SGLT2						
EMPAREG (empagliflozina)	0.62 (0.54-0.70)	0.61 (0.53-0.70)	0.62 (0.54-0.72)	0.56 (0.39-0.79)	0.45 (0.21-0.97)	NA
CANVAS (canagliflozina)	0.86 (0.75-0.97)	0.60 (0.47-0.77)	0.80 (0.79-0.88)	0.50 (0.30-0.84)	0.77 (0.30-1.97)	NA
DECLARE (dapagliflozina)	NA	0.53 (0.43-0.66)	NA	NA	NA	NA
CREDENCE (canagliflozina)	NA	0.66 (0.53-0.81)	NA	0.60 (0.48-0.76)	0.74 (0.55-1.00)	NA
VERTIS (ertugliflozina)	NA	0.81 (0.63-1.04)	NA	NA	NA	NA
SCORED	NA	0.71 (0.46-1.08)	NA	NA	NA	NA

## Estudios con desenlaces renales: pacientes con DM y proteinuria (CREDENCE)





## Pacientes con DM y ERC independientemente de proteinuria (SCORED)

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### Key Inclusion and Exclusion Criteria

SCORED

#### Inclusion:

- Type 2 diabetes with HbA1c $\geq$ 7%
- eGFR 25-60 mL/min/1.73m $^2$   
- with no requirement for macro- or micro-albuminuria
- CV risk factors

#### Exclusion:

- Planned start of SGLT2 inhibitor

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Bhatt DL, Szarek M, Pitt B, et al., and Stepien PG. *N Engl J Med*. 2020; Bhatt DL. AHA 2020, virtual.

### Efficacy Testing Hierarchy

SCORED

Endpoint	Sotagliflozin Rate [Events]	Placebo Rate [Events]	HR (95% CI)	P-value
Total CV death, HF, and urgent HF visit	5.6 [400]	7.5 [530]	0.74 (0.63-0.88)	0.0004
Total HF and urgent HF visit	3.5 [245]	5.1 [360]	0.67 (0.55-0.82)	0.0001
CV death	2.2 [155]	2.4 [170]	0.90 (0.73-1.12)	0.35
Total CV death, HF, non-fatal MI, and non-fatal stroke	7.6 [541]	10.4 [738]	0.72 (0.63-0.83)	0.000008*
Total CV death, HF, urgent HF visit, and HF while hospitalized	6.4 [453]	8.3 [589]	0.76 (0.65-0.89)	0.0005*
First sustained** 250% decrease in eGFR, chronic dialysis, renal transplant or sustained* eGFR <15 mL/min/1.73m $^2$	0.5 [37]	0.7 [52]	0.71 (0.46-1.08)	0.11*
All-cause death	3.5 [246]	3.5 [246]	0.99 (0.83-1.18)	0.93*
Total CV death, non-fatal MI, and non-fatal stroke	4.8 [343]	6.3 [442]	0.77 (0.65-0.91)	0.002*

\*For  $\geq$ 30 days. \*\*Nominal p-value. Rate = number of events per 100 patient-years.Bhatt DL, Szarek M, Pitt B, et al., and Stepien PG. *N Engl J Med*. 2020; Bhatt DL. AHA 2020, virtual.

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## Pacientes con proteinuria con y sin DM (DAPA-CKD)

### Objectives

- To assess whether treatment with dapagliflozin, compared with placebo, reduced the risk of renal and CV events in people with CKD with or without type 2 diabetes, and who are receiving standard of care including a maximum tolerated dose of an ACE inhibitor or ARB

#### Primary outcome

- Composite outcome of sustained ≥50% eGFR decline, ESKD, renal or CV death

#### Secondary outcomes (in hierarchical order)

- Composite outcome of sustained ≥50% eGFR decline, ESKD or renal death
- CV death or hospitalizations for heart failure
- All-cause mortality

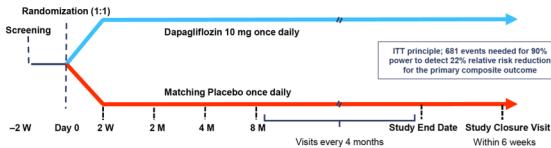
eGFR, estimated glomerular filtration rate; ESKD, end-stage kidney disease.  
Hengstrik Hul, et al. *Am J Kidney Dis*. 2020 Feb; 75(2):274-282.



### Study Design

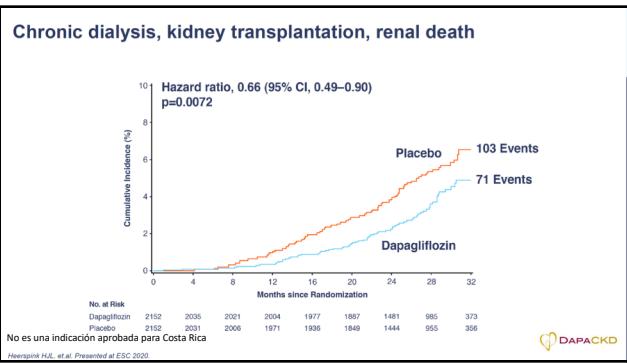
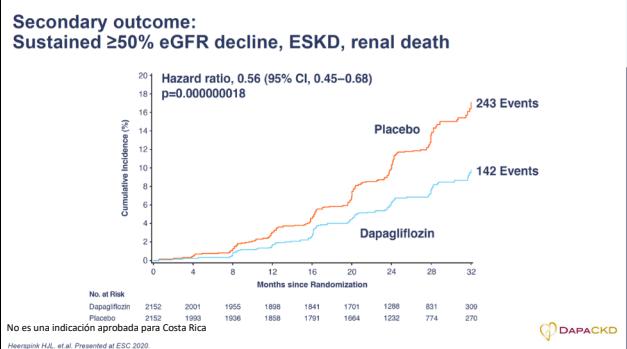
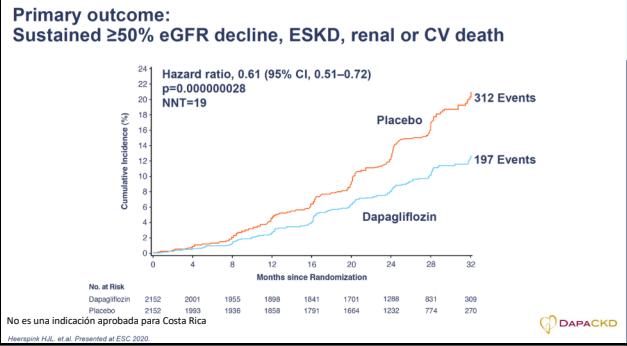
Key inclusion criteria:
- ≥18 years of age
- eGFR 25 to 75 mL/min/1.73m <sup>2</sup>
- UACR 200 to 5000 mg/g (22.6 to 565 mg/mmol)
- Stable maximum tolerated labelled dose of ACEi or ARB for ≥4 weeks (if not contraindicated)

Key exclusion criteria:
- Type 1 diabetes
- Polycystic kidney disease, lupus nephritis, ANCA-associated vasculitis
- Immunosuppressive therapy within 6 months prior to enrollment

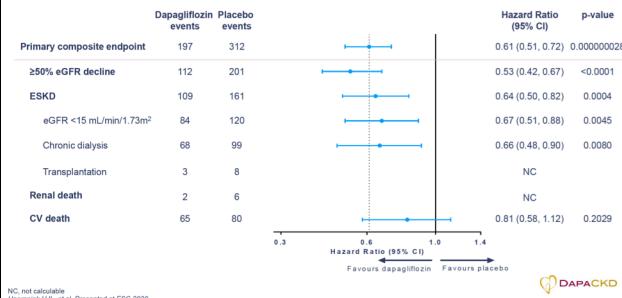


- Outcome analysis based on Cox proportional hazard model stratified by type 2 diabetes and UACR and adjusted for eGFR
- No es una indicación aprobada para Costa Rica  
ANCA, anti-neutrophil cytoplasmic antibody; ITT, intention-to-treat; UACR, urinary albumin-to-creatinine ratio.  
Hengstrik Hul, et al. *Am J Kidney Dis*. 2020 Feb; 75(2):274-282; Wheeler DC, et al. *Am J Kidney Dis*. 2020 DOI:10.1053/j.ajkd.2019.11.012.

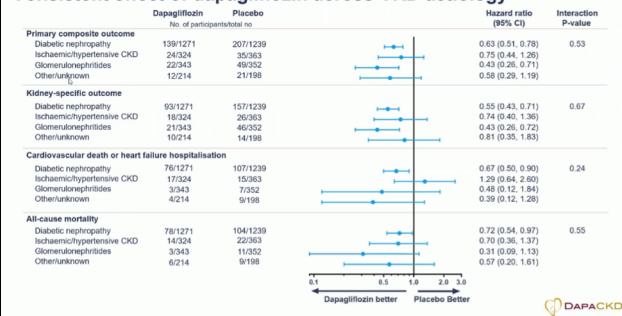




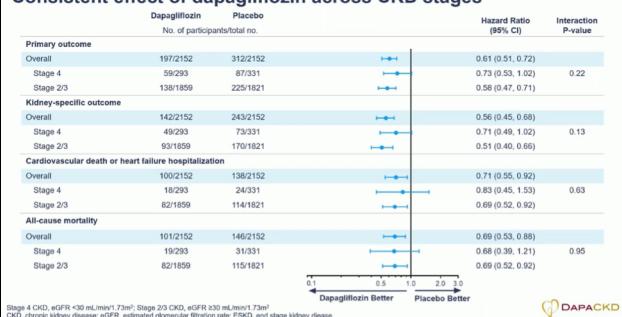
### Summary of the primary outcome and its components

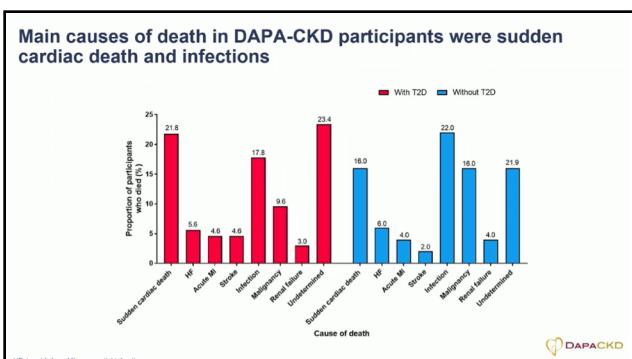
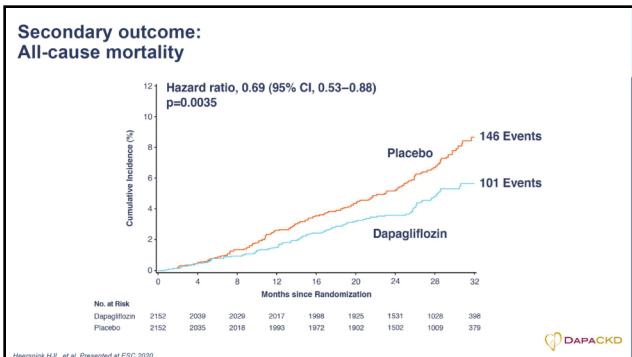
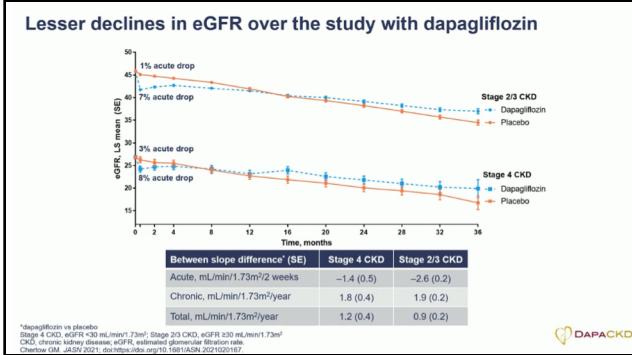


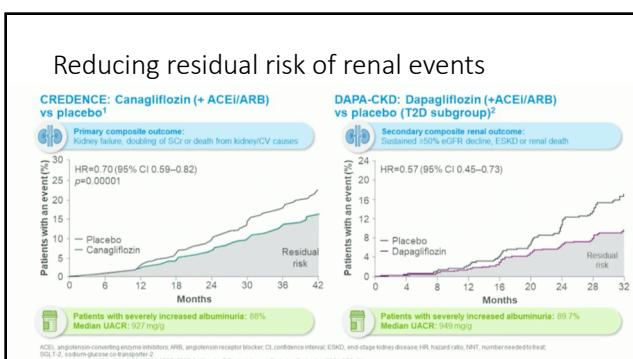
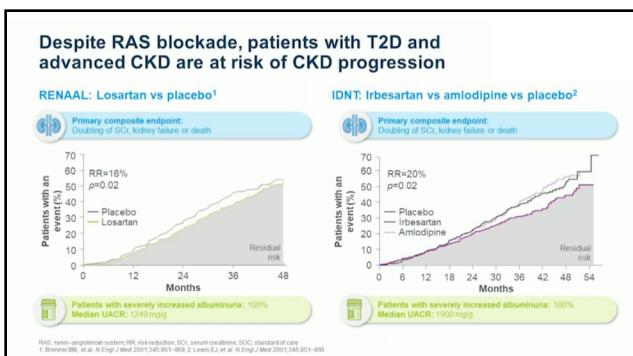
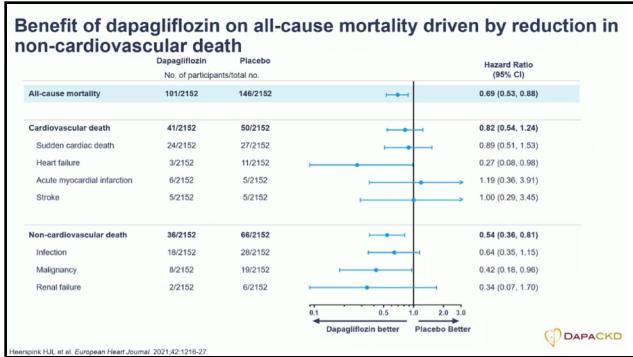
### Consistent effect of dapagliflozin across CKD aetiology



### Consistent effect of dapagliflozin across CKD stages







FDA NEWS RELEASE

## FDA Approves Treatment for Chronic Kidney Disease

*Approval is First to Cover Many Causes of Disease*

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For Immediate Release: April 30, 2021

Today, the U.S. Food and Drug Administration approved Farxiga (dapagliflozin) oral tablets to reduce the risk of kidney function decline, kidney failure, cardiovascular death and hospitalization for heart failure in adults with chronic kidney disease who are at risk of disease progression.

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## Consideraciones prácticas y reflexiones finales

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## Consideraciones prácticas

- A pesar de su efecto nefroprotector, el efecto en reducción de glucosa va bajando entre menor sea TFG
  - La reducción es mínima con TFG <45 cc/min/1.73 m<sup>2</sup>
  - Se sigue manteniendo el efecto en reducción de peso y presión arterial
    - No está claro los mecanismos
  - En nefroprección, todos los estudios con TFG >25 cc/min/1.73 m<sup>2</sup>
- Algunos efectos adversos se presentan con más frecuencia en TFG <45 cc/min/1.73 m<sup>2</sup>
  - Hipotensión postural: ajustar dosis de diuréticos
  - Algunos datos de hipercalemia: no así demostrado en los estudios con desenlaces renales, sólo en las fases III

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### Consideraciones prácticas

- En quiénes tener más cuidado?
  - Adultos mayores y personas frágiles
  - pacientes con amputación previa
- Parece que está claramente establecido el papel que tiene en insuficiencia cardíaca,
  - Independiente de si tiene o no DM
  - Independiente de fracción de eyeccción
  - Lo que no está tan claro es la secuencia de fármacos
- Seguridad en pacientes aún sin diabetes

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### Preguntas...

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Puede descargar la presentación en:



[www.EndoDrChen.com](http://www.EndoDrChen.com)

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